



Disciples
Making Disciples



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Online Mass Offering:
tinyurl.com/SFXMassOfferings
UEN: T08CC4033J
Reference: Mass Collection

Communion and Mission

Solemnity of the Most Holy Body
and Blood of Christ
(Corpus Christi)
7 Jun 2026

Deut 8:2-3, 14-16
1 Cor 10:16-17
Jn 6:51-58

This weekend, the Universal Church celebrates the Solemnity of the Most Holy Body and Blood of Christ, also known as Corpus Christi. How amazing it is that at every Mass, we get to witness and participate in this marvellous miracle of Jesus giving himself fully to us. How amazing it is that we have the opportunity to hold him so closely and intimately in the form of the host.

But our Scripture for this weekend presents to us a reality that we, like the Israelites, can forget what God has done for us. While in the desert, the Israelites grew proud and forgot how the Lord brought them out of the house of slavery (cf. Deut 8:14). In our lives, we too forget how God frees us from the sins to which we are slaves.

What does it mean to 'remember'? At Mass, when the priest says, "Do this in memory of me", the word used as 'memory' is *anamnesis*, where the liturgy 'not only recalls the events that saved us, but actualises them, makes them present' (CCC 1105). In other words, the prayer said by the priest is not just a repetition of history, but it is really Jesus saying the words to us in the present. The Eucharist that is given to us at Mass is the same Eucharist that the Lord gave to his Apostles at the Last Supper.



"May we reverence and receive the Eucharist as if it were always our first or our last time..."

CCC 1324 teaches that 'The Eucharist is "the source and summit of the Christian life"'. The Eucharist as 'source' is where we draw grace and where we return when in need of strength for our Christian life. In positioning the Eucharist as 'summit', or the highest point, we can see the difficulty in the teaching. The Jews in the Gospel could not accept it, "How can this man give us his flesh to eat?" (Jn 6:52). As Catholics, we may be able to profess that we believe in the Eucharist as the Body of Christ, but in the depths of our hearts, do we find it difficult to believe it? Do we fall into the state of forgetting the life-giving power of the Eucharist?

Another understanding of 'summit' may give us comfort. Apart from describing the difficulty of the ascent, the 'summit' is reflective of the destination towards which we are invited to journey. St Paul utilises the image of the one loaf to describe the Church, that 'though there are many of us, we form a single body because we all have a share in this one loaf' (1 Cor 10:17). As the many grains come together to form a single loaf, each of us, with our unique gifts and talents, is called to be part of

the body of Christ. The oneness we share as Christ's body is not static; we are dynamic 'bread' that is meant to be broken and shared by all.

The image of the loaf imparts to us a vision of community and mission. As the Eucharist is presented to us and the words 'the Body of Christ' are spoken, it is both an acknowledgement of the true presence of Jesus in the host, and a recognition of the communion we share as Church. When we are sent out at the end of Mass to 'go in peace, glorifying the Lord by [our lives]', we do not go alone, but we carry the presence of Jesus with us as we leave to face the world.

Memory is not just a reflection or a recalling of the past. *Anamnesis* teaches us that the past can very much be experienced in the present, and our remembrance of what the Lord teaches us is our guide towards the future. We may easily forget what the Lord has done for us, but let us return to the Mass and remember the reality of our communion and mission. May we reverence and receive the Eucharist as if it were always our first or our last time, and may this lead us to greater living out of this remembrance.

Announcements

For announcements in the bulletin, send your requests to mmm@sfxchurch.sg by the MONDAY before the weekend, 2359hrs



SCAN QR CODE
FOR MASS HYMNS
www.sfxchurch.sg/mass

FAULTY CHURCH PEWS?

Spot any faulty or damaged pews in church? Scan the QR code to share with us at tinyurl.com/SFXFacilityReport.



SACRAMENT OF RECONCILIATION

It is available via appointment only. You may contact the Parish Office to make an appointment at the following time slots:

- **Fridays:** 4pm - 6pm
- **Saturdays:** 10am - 12pm

SUNDAY FELLOWSHIP

The Canteen Ministry will be serving breakfast this Sunday at JP II Hall. Do drop by for some food and fellowship. Love offerings are welcome!

CANDLELIGHT ROSARY PROCESSION

Come join us on **Sat 13 Jun** after the 5.30pm Mass. Meet at the Grotto for the rosary procession within the church grounds. You may bring your own waxless candle.

INTERCESSORY

Come storm heaven with us in the presence of the Blessed Sacrament on **Mon 8 Jun, 8pm - 9.30pm** at Mount Tabor Adoration Room.

OUTREACH FOR SECONDARY 4/5 STUDENTS

Calling all Sec 4/5 students! Come find out what Jesus has in store for you this holiday season. There'll be prayer and fellowship, so come and find rest in Jesus amidst the busy season!



Date & Time: Wed 17 Jun, 2 - 5pm
Venue: Catholic Centre, Level 8 (55 Waterloo Street S187954)
Register: tinyurl.com/SecOutreach26Jun

CHARISMATIC PRAYER

The next Charismatic Prayer Meeting is on **Mon 8 Jun, 8pm - 9.30pm** at Hosea Room (Parish Centre, Level 2). There will be Praise & Worship followed by Praying Over. All are welcome.

WORLD DAY OF PRAYER FOR THE SANCTIFICATION OF PRIESTS

On **Fri 12 Jun**, the Church celebrates the Solemnity of the Sacred Heart of Jesus and the World Day of Prayer for the Sanctification of Priests. All are warmly invited to unite in prayer at Mass for our priests, that they may be strengthened in their vocation and faithfully reflect the love of Christ, the Good Shepherd, in their ministry. Let us entrust them to the Sacred Heart of Jesus and pray for their holiness, wisdom and joy in serving God's people.



RITE OF CHRISTIAN INITIATION FOR ADULTS 2026/27

Are you or is someone you know curious about the Catholic faith? The Rite of Christian Initiation of Adults (RCIA) is beginning a new journey, and all are warmly invited to join. RCIA is a welcoming process for adults who wish to explore the teachings of the Church, deepen their relationship with God, and prepare to receive the Sacraments of Initiation — Baptism, Confirmation and the Eucharist. Whether you are curious or simply seeking to learn more, this journey is for you. Registration forms are available on our SFX website and at the Parish Office.

New RCIA Journey (24 years and above)

Start Date: Tue 30 Jun

Time: Every Tuesday, 8pm - 10pm

Venue: JP II Hall (Parsonage, Level 1)

Enquiries: 9626 5960 (Angela) / 9478 6570 (Kathleen)

RITE OF CHRISTIAN INITIATION FOR YOUTH 2026/28

Do you have family members or friends aged 16 to 23 who are curious about the Catholic faith or searching for deeper meaning in life? Invite them to the RCII journey to explore the deeper questions of life.

New RCII Journey (16 to 23 years old)

'Come & See' Info Session: Sun 12 Jul

Time: Every Sunday, 10.30am - 12.30pm

Venue: Isaiah Room (Parish Centre, Level 2)

Register: tinyurl.com/sfxrciy2026

Enquiries: 8352 2377 (Joshua) / 9060 4326 (Ranae)



ST JEROME LIBRARY: EXHIBITION ON POPE LEO'S CATECHESIS ON THE 16 DOCUMENTS OF VATICAN COUNCIL II

In his very first Catechesis on the Dogmatic Constitution on Divine Revelation or Dei Verbum, Pope Leo says that when God speaks to us in the scriptures, His words are "true words" that draw us into His Love - they are not like "chatter". Come by the exhibition on Pope Leo's Catechesis on the first of the 16 documents of Vatican Council II outside JP II Hall and be enlightened by our Holy Father's insights into Dei Verbum. Make sure to share your response to God's love at the "Friendship Invitation" activity.

OYP: GRADUATING UNI STUDENTS' RETREAT 2026

Graduating from university this year and wondering what's next? Whether or not you've got your next steps figured out — one thing's for sure: God is walking with you. And your future is safe in His trustworthy hands! Join us at GUR26, and allow the Lord to ground you in His truth and love, preparing you for the new chapter ahead!

Date & Time: 3 - 5 Jul 2026, (stay-in retreat)

Venue: St. Francis Xavier Retreat Centre

Cost: \$76.30 (inclusive of 9% GST)

Register: <https://tinyurl.com/GUR26P>

Enquiries: gur.oyp@catholic.org.sg



FULFILLED PART 1 – UNCOVERING THE BIBLICAL FOUNDATIONS OF CATHOLICISM

Ever wondered why Catholic traditions look the way they do? "Fulfilled" traces the beautiful connections between the Old and New Testaments — revealing how Jesus fulfilled God's ancient plan. Join SFXBAT for Part 1 - a 7-session in-person Bible study exploring the Tabernacle's links to the liturgy, priesthood, baptism and more.

Dates: Wednesdays, starting 17 Jun (7 Sessions)

Time: 8pm - 10pm

Venue: JPPII Hall

Q&A Chat link: https://chat.whatsapp.com/IQAfVik2VSwIMLtlOUYpVI?mode=gi_t



CAN'T WE JUST TALK? WHY WORSHIP NEEDS MORE THAN JUST PREACHING

What does it really mean to worship God? Is it the sermon, the singing or something deeper? Scripture has more to say on this than we might expect; and it's beautiful. Come explore what true Biblical worship looks like with SFXBAT.

Date: Sun 14 Jun

Time: 9am - 10.30am

Venue: Jeremiah Room (Parish Centre, Level 2)

Q&A Chat link: <https://chat.whatsapp.com/jp152rMG5DHH3zn1ojmHvD?s=sh&p=i&mlu=4>



WORLD DAY OF PRAYER FOR THE SANTIFICATION OF PRIESTS

This month, as we prepare to celebrate the **Feast of the Sacred Heart of Jesus**, we are reminded of a love that never gives up on us. The Sacred Heart is a powerful sign of Christ's boundless mercy, compassion and faithfulness - a Heart that continues to welcome, heal and accompany us each day.

The Feast of the Sacred Heart also coincides with the **World Day of Prayer for the Sanctification of Priests**. It is a timely invitation to pray for the men who have dedicated their lives to serving God's people.

Our priests celebrate our joys, walk with us through our struggles, proclaim God's Word and bring us the sacraments. While they are called to shepherd the flock, they too need our prayers, encouragement and support.

HOW CAN WE RESPOND?

♥ PRAY
Offer a prayer each day for our priests, asking the Lord to strengthen them in holiness, wisdom, and joy.

♥ ENCOURAGE
A simple word of thanks, note of appreciation, or assurance of prayer can mean more than we realise.

♥ SERVE
Let the love of the Sacred Heart inspire acts of kindness and charity towards those around us.

♥ ADORE
Spend a few moments before the Blessed Sacrament, entrusting our priests and parish community to the Heart of Jesus.

May the **Sacred Heart of Jesus** enkindle in us hearts that love as He loves, and may our prayers **support our priests** as they continue their mission of bringing Christ to the world.



HOLY FATHER'S PRAYER INTENTION
FOR THE MONTH OF JUNE

FOR THE VALUES OF SPORTS

Let us pray that sports be an instrument of peace, encounter and dialogue among cultures and nations, and that they promote values such as respect, solidarity and personal growth.

IN THE MONTH OF MAY 2026

WEDDINGS

We congratulate the following couples:

1. Darren Lim Wei Jie & Esabelle Lau Jia Xing
2. Charles Yau Rong Zhang & Vania K.T. Chen

CONDOLENCES

We offer our prayers for the families of the following who have returned to the Lord:

1. Alphonsus Tan Chew Kwang
2. Lauzar Bridget
3. Christopher Chia Cheng Liang
4. Anne Pearl Leong Cheong Tai
5. Theresa Tan Ai Lian
6. Theresa Goh Joo Keow
7. Irene Tan Poh Choo



PRAYER FOR PRIESTS

Lord Jesus Christ, eternal High Priest,
you offered yourself to the Father on the altar of the Cross
and through the outpouring of the Holy Spirit
gave your priestly people a share in your redeeming sacrifice.

Hear our prayer for the sanctification of our priests.
Grant that all who are ordained to the ministerial priesthood
may be ever more conformed to you, the divine Master.
May they preach the Gospel with a pure heart and clear conscience.

Let them be shepherds according to your own Heart,
single-minded in service to you and to the Church
and shining examples of a holy, simple and joyful life.

Through the prayers of the Blessed Virgin Mary, your Mother and ours,
draw all priests and the flocks entrusted to their care
to the fullness of eternal life
where you live and reign with the Father and the Holy Spirit,
God, for ever and ever. Amen



Looking for more information?
Visit www.sfxchurch.sg

Mass Times

WEEKDAY MASSES

Mon - Thu:
6.30pm

Tue - Sat:
6.30am

Fri:
8pm

WEEKEND MASSES

Sat: 5.30pm

Sun: 7am, 9am,
11am, 5.30pm
(There is currently no
Confession before Mass)

MASS ON PUBLIC HOLIDAYS

9am

CONFESSION

Contact Parish Office to
make an appointment.

Fri:
4pm - 6pm

Sat:
10am - 12pm

Opening Hours

MAIN GATE

Mon - Sun:
5am - 11pm
Closed on Public Holidays
after 9am Mass

BACK GATE

Mon - Sun:
5am - 11pm
Closed on Public Holidays
after 9am Mass

PARISH OFFICE

Mon - Sat:
9.30am - 6.30pm
Sun: 8.30am - 1pm
Closed on Public Holidays

ADORATION ROOM

Mon - Sun:
7am - 11pm
Closed on Public Holidays

LIBRARY

Sun:
8am - 1pm,
4pm - 5.30pm

COLUMBARIUM

Mon - Fri:
10am - 7.30pm

Sat - Sun:
8.30am - 7.30pm
Closed on Public Holidays



Gospel Match-up



How well do you know
today's Gospel story?

See if you can match up the first parts
with the second parts of what
Jesus told the people.



I am the living
bread

A

1 food indeed,

if any one eats of
this bread,

B

2 which came
down from
heaven;

the bread which I
shall give for the
life of the world

C

3 abides in me,
and I in him.

Unless you eat the
flesh of the Son
of man and drink
his blood,

D

4 you have no life
in you

For my flesh is

E

5 is drink indeed.

and my blood

F

6 he will live for
ever;

He who eats my
flesh and drinks
my blood

G

7 is my flesh.

ANointing OF THE SICK

The sacrament can be
administered to any Catholic
awaiting serious surgery, suffering
from serious illness or weakened by
old age. Anointing may be given before
admission for the anticipated medical
procedure. Contact the Parish Office
to request for a priest. In emergencies,
priests of the church nearest to the
hospital can be contacted.



INFANT BAPTISM

Spiritual preparation is held on
the last Friday of every odd month.
Baptism is held on the first/second
Sunday of the following month. For
registration, please refer to our website.



FUNERAL

Please check with the Parish
Office for priest availability and Mass
timing before confirming the timing at
the crematorium. For prayers at the
wake, please contact the Parish Office.



MARRIAGE

Contact the Parish Office
12 months before your intended date to
book the church premises and ensure
that your presiding priest is able to
make that date.



MASS OFFERING

Mass offering envelopes are
available outside the Parish
Office and outside JP II Hall. Submit your
envelopes at least two weeks in advance
of your intended date. Please write the
names clearly, and in block letters.



VOLUNTEER & SHARE YOUR GIFTS!

If you're interested in content curation and
design layout, contact mmm@sfxchurch.sg

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