



Disciples
Making Disciples



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Online Mass Offering:
tinyurl.com/SFXMassOfferings
UEN: T08CC4033J
Reference: Mass Collection

Communion in Love

Solemnity of the Most Holy Trinity
31 May 2026

Ex 34:4-6; 8-9
2 Cor 13:11-13
Jn 3:16-18

The Solemnity of the Most Holy Trinity invites us into the deepest mystery of the Christian faith: that God is One, yet Three divine Persons — Father, Son, and Holy Spirit. The Trinity is the central mystery of the Catholic Church because it reveals not only who God is, but also how God loves. At the heart of the Trinity is perfect communion: unity without confusion, distinction without division, and eternal love poured out endlessly between the Father, Son, and Holy Spirit.

This mystery is not something to be solved intellectually, but contemplated with humility and wonder. The Trinity teaches us that relationship, communion, and self-giving love are at the centre of all existence. God is not isolation or solitude. God is perfect communion.

In the First Reading from Exodus, Moses encounters this relational God directly. The Lord reveals himself as “a God of tenderness and compassion, slow to anger, rich in kindness and faithfulness” (Ex 34:6). This self-revelation is deeply significant. God’s power is not expressed through domination, but through mercy, patience, and steadfast love. Moses responds by bowing down in worship and pleading, “let my Lord come with us” (Ex 34:9). The God of the Trinity is not distant from humanity, but desires to dwell among his people and remain in relationship with them — so much so that God the Son,



“The Trinity teaches us that relationship, communion, and self-giving love are at the centre of all existence.”

sharing the will of God the Father, humbly takes on human form.

The Canticle from Daniel continues this spirit of praise: “You are blessed, Lord God of our fathers” (Dan 3:52). All creation is called into harmony and worship because everything ultimately finds its origin and unity in God. The Trinity becomes the model for the unity creation longs for — a unity that does not erase diversity, but holds it together in love.

This is reflected beautifully in St Paul’s exhortation to the Corinthians: “Be united; live in peace, and the God of love and peace will be with you” (2 Cor 13:11). St Paul’s words remind us that Christian community is meant to mirror the relational life of the Trinity itself. Unity is not uniformity. The Church is made up of different personalities, gifts, vocations, cultures, and perspectives, yet all are called into communion through love.

This is especially important today in a world marked by division, suspicion,

individualism, and polarisation. The Trinity challenges us to move beyond self-centred living toward genuine communion with others. To live in the image of the Triune God means learning to love generously, listen patiently, forgive readily, and remain united even amidst differences. Healthy relationships — within families, friendships, workplaces, and parish communities — are built not by demanding sameness, but by holding diversity together through humility, mutual respect, and sacrificial love.

The Gospel passage from St John reveals the deepest expression of Trinitarian love: “God loved the world so much that he gave his only Son” (Jn 3:16). The Father gives the Son out of love for the world, and the Son offers himself for humanity’s salvation. The Holy Spirit continues this work by drawing believers into the life of God. The Trinity is therefore not an abstract doctrine, but the living reality of salvation itself.

Jesus says that he came not to condemn the world, but so that “through him the world might be saved” (Jn 3:17). This reminds us that authentic Christian life must always be rooted in mercy rather than judgment, communion rather than exclusion. The more deeply we enter into relationship with the Triune God, the more we are called to become people who build unity, heal divisions, and foster belonging.

The mystery of the Holy Trinity reveals both who God is and who we are called to become. Created in the image of a relational God, we are made for communion — with God and with one another. The Trinity teaches us that love is not merely an emotion, but a continual act of intentional self-giving that creates unity while honouring our uniqueness. In contemplating the Trinity, we do not merely learn about God; we learn how to truly live.

Announcements

For announcements in the bulletin, send your requests to mmm@sfxchurch.sg by the MONDAY before the weekend, 2359hrs



**SCAN QR CODE
FOR MASS HYMNS**
www.sfxchurch.sg/mass

FAULTY CHURCH PEWS?

Spot any faulty or damaged pews in church? Scan the QR code to share with us at tinyurl.com/SFXFacilityReport.



PARISH OFFICE CLOSURE & MASS SCHEDULE

Please note that the Parish Office will be closed on **Mon 1 Jun (Day off for Vesak Day)**. There will only be one Mass at 9am. The Adoration Room and Columbarium will also be closed on this public holiday.

SUNDAY FELLOWSHIP

The Children's Liturgy Ministry will be serving breakfast this Sunday at JP11 Hall. Do drop by for some food and fellowship. Love offerings are welcome!

CATECHISM NOTICE

The last session of Term 2 is on 24 May, followed by a break in June. **Session will resume on 28 Jun.**

SOLEMNITY OF CORPUS CHRISTI

The Solemnity of Corpus Christi will be celebrated on 6 and 7 June, with a Eucharistic procession following the 5.30pm Masses. All parishioners are invited to join us in honouring the Most Holy Body and Blood of Christ. In case of wet weather, there will only be Exposition and Benediction of the Blessed Sacrament in the Main Church. **Please note that the open car park in front of the Little Shepherd Schoolhouse will be closed during the procession.** We apologise for any inconvenience caused.

ST JEROME LIBRARY: EXHIBITION ON POPE LEO'S CATECHESIS ON THE 16 DOCUMENTS OF VATICAN COUNCIL II

At the start of 2026, our Holy Father, Pope Leo XIV, began a new series of catechesis on the 16 Documents of Vatican Council II. Although the Council was held 60 years ago from 1962 – 1965, Pope Leo hopes the rereading of the Documents will be a "valuable opportunity to rediscover the beauty and the importance of this ecclesial event." The Pope has completed his catechesis on the Dogmatic Constitution on Divine Revelation or *Dei Verbum* in February and St Jerome Library has pulled out salient quotes from these Catecheses for our reflection. Drop by the exhibition outside JP11 Hall and participate in the "Friendship Invitation" which is at the heart of God's revelation of himself to humanity.

CAN'T WE JUST TALK? WHY WORSHIP NEEDS MORE THAN JUST PREACHING

What does it really mean to worship God? Is it the sermon, the singing or something deeper? Scripture has more to say on this than we might expect; and it's beautiful. Come explore what true Biblical worship looks like with SFXBAT.

Date: Sun 14 Jun
Time: 9am - 10.30am
Venue: Jeremiah Room (Parish Centre, Level 2)
Q&A Chat link:
<https://chat.whatsapp.com/Jp152rMG5DHH3zn1ojmHvD?s=sh&p=i&mlu=4>



RITE OF CHRISTIAN INITIATION FOR ADULTS 2026/27

Are you or someone you know is curious about the Catholic faith? The Rite of Christian Initiation of Adults (RCIA) is beginning a new journey, and all are warmly invited to join. RCIA is a welcoming process for adults who wish to explore the teachings of the Church, deepen their relationship with God, and prepare to receive the Sacraments of Initiation — Baptism, Confirmation and the Eucharist. Whether you are curious or simply seeking to learn more, this journey is for you. Registration forms are available on our SFX website and at the Parish Office.

New RCIA Journey

(24 years old and above)

Session start: Tue 30 Jun **Time:** Every Tuesday, 8pm - 10pm

Venue: JP11 Hall (Parsonage, Level 1)

For enquiries: 9626 5960 (Angela) / 9478 6570 (Kathleen)

MONTFORTIAN EXPERIENCE RETREAT: REST & RECREATION

"Let us calmly enter our hearts to meet God present there" - Montfort Hymn 24:39. If you desire a sacred time and place of refuge, rest or restoration, come enter into the retreat and rest in the Lord and be refreshed by his life-giving love. Through various creative prayer exercises and recreational activities, be re-created anew and reclaim your identity as his beloved child.

Date: 8 - 10 Jun
Time: Monday, 7pm - Wednesday, 2pm
Venue: Montfort Centre (624 Upper Bukit Timah Rd, S678212)
Register: www.montfortcentre.org/events-1/rest-recreation



'AT THE FEET OF THE GOOD SHEPHERD' RETREAT

As leaders and parents, we may be so used to tending to those under our care that we may not look into our own spiritual and emotional well-being. Might we have any childhood trauma or past hurts that continues to affect our behaviour today and result in wounding those we lead? Sign up for a semi-silent retreat to allow Jesus, our Good Shepherd, to tend to you and heal and restore your soul. Includes inner healing prayers and 1-to-1 spiritual direction.

Date & Time: 20 - 21 Jun, 9am (Sat) - 5pm (Sun)
Venue: Punggol Retreat Centre
Fee: \$380/pax
Register: <https://bit.ly/fgsretreat>



POPE LEO'S FIRST ENCYCLICAL:

Magnifica Humanitas

Pope Leo has recently released his first encyclical titled *Magnifica Humanitas* (Latin for "Magnificent Humanity"), which addresses one of the defining questions of our age: how to safeguard human dignity in the era of artificial intelligence. It explores technology, human identity, work, truth, and the Christian vision of authentic humanity.



What you need to know about *MAGNIFICA HUMANITAS*



Magnifica Humanitas acknowledges familiar concerns about AI, including job insecurity, manipulation of information, privacy violations, ideological bias, autonomous weapons, and a futuristic vision of an "enhanced human being." But Pope Leo identifies a deeper danger: that human beings may begin to see themselves and others as projects "to be optimised" (MH 112).



Against this, the encyclical teaches that human limits such as illness, ageing, suffering, and vulnerability are not simply defects to be corrected; rather, human beings often flourish through their limitations, where they can discover wisdom, experience the closeness of others, and encounter the Lord (MH 118-119).

In those moments, we can "discover a new wisdom, tangibly experience the closeness of others and encounter the presence of the Lord" (MH 119). Therefore, AI should serve the common good of humanity not by tempting us to escape human limitation through optimisation, but by supporting a life of "openness and communion" (MH 231).

Read the full encyclical here: <https://www.vatican.va/content/leo-xiv/en/encyclicals/documents/20260515-magnifica-humanitas.html>

A SIMPLE REFLECTION FOR US



Do I treat others with dignity, even when I am stressed or upset?

How can I be more attentive to people who feel unseen or unheard?

What is one small act of love I can do this week?

WHAT IS AN ENCYCLICAL?

An encyclical is a letter written by the Pope to Catholics around the world. It usually teaches about faith and how we should live in today's world.



IN SUMMARY... Pope Leo invites us to reflect on how we use human creativity and technology to build a more loving, just, and humane world, where every person's dignity is protected and no one is forgotten. He reminds us that:



Every person is created by God and deserves respect.

We are called to see Christ in others, especially the poor, lonely, and forgotten.



Human dignity should guide how we speak, act, and make decisions.

Love and compassion must be at the centre of society.



LET US PRAY...



Lord, help us to recognise the dignity of every person we meet. Teach us to love as You love, and to build a community of kindness and peace. Amen.



We Love You, MOMS!

On 20 May, 40 mothers gathered at the Basement Chapel to celebrate Mother's Day with a Thanksgiving Mass and fellowship. Fr Edward celebrated the Mass and thanked them for the love, sacrifices, and quiet dedication they showed to their families. In his homily, he encouraged them to continue praying faithfully, to persevere through life's challenges, and to always turn to Mother Mary for strength and comfort.

The mothers also shared their gratitude for the love, friendship, and encouragement they received through the Mother's Prayer Group, where they continue to journey together in faith and support one another through prayer.

As a parish community, we continue to thank God for the gift of all mothers and pray that he will bless them with renewed strength, peace, joy, and grace in their loving vocation.



Interested to join the Mothers Prayers Group (MPG)?

Monday MPG

Meets weekly via zoom
@ 10am

Wednesday MPG

Meets weekly @ 10am
Venue: St Jerome Library, SFX

Thursday MPG

Meets weekly @ 10.30am
Venue: Residence in Serangoon Central

Working Moms MPG

Meets monthly @ 8.30pm
(1st Monday of the month)

For more info, please contact:
Carolyn Dumont (9755 2335)



JOIN US TO CELEBRATE THE ORDINATION TO THE

Priesthood OF

BERNARD TNG HONG YI | EUGENE CHAN YAU SENG
MARCUS DOMINIC CHEW WEI | KEVIN WEE LIN

MONDAY, 1 JUNE 2026, 10:00 AM
ST JOSEPH'S CHURCH (BUKIT TIMAH)

MASS FOLLOWED BY A LUNCH FOR ALL
ALL ARE WELCOME!



"Lord you know everything; you know that I love you."
Jesus said to him, "Feed my sheep."



Looking for more information?
Visit www.sfxchurch.sg

Mass Times

WEEKDAY MASSES

Mon - Thu:
6.30pm

Tue - Sat:
6.30am

Fri:
8pm

WEEKEND MASSES

Sat: 5.30pm

Sun: 7am, 9am,
11am, 5.30pm
(There is currently no
Confession before Mass)

MASS ON PUBLIC HOLIDAYS

9am

CONFESSION

Contact Parish Office to
make an appointment.

Fri:
4pm - 6pm

Sat:
10am - 12pm

Opening Hours

MAIN GATE

Mon - Sun:
5am - 11pm
Closed on Public Holidays
after 9am Mass

BACK GATE

Mon - Sun:
5am - 11pm
Closed on Public Holidays
after 9am Mass

PARISH OFFICE

Mon - Sat:
9.30am - 6.30pm
Sun: 8.30am - 1pm
Closed on Public Holidays

ADORATION ROOM

Mon - Sun:
7am - 11pm
Closed on Public Holidays

LIBRARY

Sun:
8am - 1pm,
4pm - 5.30pm

COLUMBARIUM

Mon - Fri:
10am - 7.30pm

Sat - Sun:

8.30am - 7.30pm
Closed on Public Holidays

ANointing OF THE SICK

The sacrament can be administered to any Catholic awaiting serious surgery, suffering from serious illness or weakened by old age. Anointing may be given before admission for the anticipated medical procedure. Contact the Parish Office to request for a priest. In emergencies, priests of the church nearest to the hospital can be contacted.



INFANT BAPTISM

Spiritual preparation is held on the last Friday of every odd month. Baptism is held on the first/second Sunday of the following month. For registration, please refer to our website.



FUNERAL

Please check with the Parish Office for priest availability and Mass timing before confirming the timing at the crematorium. For prayers at the wake, please contact the Parish Office.



MARRIAGE

Contact the Parish Office 12 months before your intended date to book the church premises and ensure that your presiding priest is able to make that date.



MASS OFFERING

Mass offering envelopes are available outside the Parish Office and outside JPPII Hall. Submit your envelopes at least two weeks in advance of your intended date. Please write the names clearly, and in block letters.



VOLUNTEER & SHARE YOUR GIFTS!

If you're interested in content curation and design layout, contact mmm@sfxchurch.sg