



**Disciples
Making Disciples**



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Online Mass Offering:
tinyurl.com/SFXMassOfferings
UEN: T08CC4033J
Reference: Mass Collection

Victory Through Christ

Palm Sunday of the Passion
of the Lord
29 Mar 2026

Mt 21:1-11
Is 50:4-7
Phil 2:6-11
Mt 26:14 - 27:66

Palm Sunday is often a confusing time for Christians. We know it's the point of entrance into the deepest sufferings that Jesus will bear on our account, yet we find ourselves waving palms and singing blessings over him: "Blessed is he who comes in the name of the Lord! Hosanna in the highest!" (Mt 21:9).

In less than a week, we find ourselves shouting "Crucify him!" along with the Pharisees during the narration of Jesus' Passion. Yet, another three days later, we find ourselves singing praises to the Lord once again, in awe of his Resurrection.

At first glance, this see-saw of praise and condemnation in which we find ourselves seems unnatural, uncomfortable, and detached from reality. After all, we are not the ones who put Jesus to death, are we?

Though that may be accurate as a matter of historical fact, the truth is that many of us find ourselves, in substance, on the same journey that unfolds during Holy Week. When the Lord gives us cause for great joy and hope, we lavish praise on him, and welcome him with open arms; when he reveals that following him entails immeasurable suffering and sacrifice, we find ourselves preferring to forsake him rather than enter into his Passion and share in his suffering. We say "I do not know the man" (Mt 26:72).



What then are we to do as we enter into Holy Week? How can we use this time not just as a "remembrance" of historical events, but as a journey of the heart – together with Christ?

Perhaps reflecting on the Homily for Palm Sunday by St Andrew of Crete may guide us:

"Let us go together to meet Christ on the Mount of Olives. Today he returns from Bethany and proceeds of his own free will towards his holy and blessed passion, to consummate the mystery of our salvation. He who came down from heaven to raise us from the depths of sin, to raise us with himself, we are told in Scripture, above every sovereignty, authority and power, and every other name that can be named, now comes of his own free will to make his journey to Jerusalem. He comes without pomp or ostentation. As the psalmist says: He will not dispute or raise his voice to make it heard in the streets. He will be meek and humble, and he will make his entry in simplicity.

"Let us run to accompany him as he hastens towards his passion, and imitate those who met him then, not by covering his path with garments, olive branches or palms, but by doing all we can to prostrate

"Let us run to accompany him as he hastens towards his Passion, and imitate those who met him then, not by covering his path with garments, olive branches or palms, but by doing all we can to prostrate ourselves before him."

– St Andrew of Crete

ourselves before him by being humble and by trying to live as he would wish. Then we shall be able to receive the Word at his coming, and God, whom no limits can contain, will be within us...

"So let us spread before his feet, not garments or soulless olive branches, which delight the eye for a few hours and then wither, but ourselves, clothed in his grace, or rather, clothed completely in him..."

Perhaps today as we find ourselves waving our palms and singing "Hosanna", we too may lay ourselves down before Jesus, making a way for him into the depths of our hearts. We lay down all that we are and all that we have, so that he may take his rightful place as King.

Because Christ's Passion is not just a historical event, but a mystery that continues to live with us today. He has, through his sacrifice, given us grace beyond all measure; beyond anything we can possibly deserve: the gift of eternal life.

Without fear, let us therefore walk bravely with him into his Passion, for we are assured of his victory. "[T]hanks be to God, who gives us the victory through our Lord Jesus Christ" (1 Cor 15: 57).

Announcements

For announcements in the bulletin, send your requests to mmm@sfxchurch.sg by the MONDAY before the weekend, 2359hrs



**SCAN QR CODE
FOR MASS HYMNS**
www.sfxchurch.sg/mass

FAULTY CHURCH PEWS?

Spot any faulty or damaged pews in church? Scan the QR code to share with us at tinyurl.com/SFXFacilityReport.



PARISH OFFICE CLOSURE

Please note that the Parish Office will be closed on **Fri 3 Apr (Good Friday)**.

LIFT SERVICE UPDATE

The lift is now back in operation. Thank you for your patience and understanding.

COLLECTION PRO TERRA SANCTA (FOR THE HOLY LAND)

Collections from Holy Thursday Mass will go towards the Holy Land. Please donate generously.

SUNDAY FELLOWSHIP

The In One Spirit (1Cor12) Community will be serving breakfast this Sunday at JPII Hall. Do drop by for some food and fellowship. Love offerings are welcome!

CATECHISM NOTICE

There will be a break from Catechism on 5 Apr, Easter Sunday. Session will resume on 12 Apr.

CHARISMATIC

There will be no Charismatic prayer session on Mon 30 Mar due to Holy Week. The next Charismatic Prayer Meeting will be on **Mon 13 Apr, 8pm - 9.30pm** at the Auditorium. There will be Praise & Worship followed by Praying Over. All are welcome!

STATIONS OF THE CROSS: POINT-OF-VIEW (POV) - MEETING JESUS ON CALVARY

You are invited to complete your final reflection/testimony on the perforated card and paste it on a board outside JPII hall as part of our parish's recommitment together.



PRAY FOR OUR RCIA AND RCIY ELECT AND CONFIRMANDS

Our RCIA and RCIY Elect and Confirmands are inching closer to the Sacrament of Baptism and Confirmation. Let us continue to support them and pray for their conversion, and for their hearts to be open to the Lord as they journey towards Baptism this Easter!

GOOD FRIDAY PASSION PLAY

Join us this Good Friday for a Passion Play presented by our Altar Servers, as they bring to life the final hours of Jesus' life. All are welcome to experience this moving reenactment.

Date: Fri 3 Apr
Time: 8pm - 9pm
Venue: Auditorium

CLOSURE OF ADORATION ROOM

The Mount Tabor Adoration Room will be closed from **Maundy Thursday, 2 Apr, 6pm to Easter Sunday, 5 Apr, 7am.**

Holy Week Schedule



**MAUNDY THURSDAY
2 APR
7.30PM**

*(Altar of Repose until 12am)
There will be no Morning Mass*



**GOOD FRIDAY
3 APR
9AM, 12PM, 3PM**



**EASTER VIGIL
4 APR
7PM**



**EASTER SUNDAY*
5 APR
7AM, 9AM,
11AM, 5.30PM**

** There will be fellowship at JPII Hall after the morning Masses*

Please note:

- Due to fire safety regulations, standing is not allowed along walkways inside the Church during services to avoid overcrowding. As we are expecting higher attendance during Holy Week, please follow the guidance of the wardens. Thank you for your cooperation.
- Be alert and stay safe. If you notice anything suspicious or require any assistance, please approach our wardens.

BAT: CONTEMPLATING THE FACE OF JESUS WITH MARY (HOW TO PRAY THE ROSARY)

The Rosary is more than repetition — it's a journey through Scripture, where Vocal Prayer, Meditation, and Contemplation unite. Drawing on John Paul II's teachings, discover how to pray the Rosary with depth, devotion, and a heart fixed on Christ.



Date & Time: Sun 12 Apr, 9am

Venue: Jeremiah Room (Parish Centre, L2)

Join chat: https://chat.whatsapp.com/l5rXBhxAWQk9cKZV3bpnmK?mode=gl_t

REVIEW OF LIFE WORKSHOP - SEE JUDGE ACT METHOD

How can we integrate faith into real-life issues? How can we make decisions as a community with faith? *Lumen Gentium*, the focus of Pope Leo's current catechesis, tells us that we are called to sanctify the world from within and become to the world what the soul is to the body. Join us at CANA to learn the See-Judge-Act method to integrate faith and life in the way we decide our actions. Used by popes and various Catholic organisations, we will use the method in facilitated discussions. You are encouraged to bring friends and community members to learn together. For enquiries, please email Caritas Singapore at formation.cst@caritas-singapore.org

Date: Sat 25 Apr

Time: 9.30am - 1.30pm

Venue: CANA, The Catholic Centre

Register: bit.ly/reviewoflife

CENACLE SISTERS: EMBRACING THE SLOW PATH: A SPIRITUALITY OF RETIREMENT

Come and be part of this sacred exploration where the end of a career marks the magnificent beginning of a calling, a new way of being rather than simply doing. This is not a retreat about letting go of work; it is a spiritual adventure into the vast, open landscape of your soul, a time to rediscover the true rhythm of the heart God placed within you.



Dates: 22 - 23 Apr

Venue: La Salle House, stay-in retreat

Register: https://docs.google.com/forms/d/e/1FAIpQLSfjdd3vNqo9Mk-g_R7uFCIEHjKtg_9eI9wi1jFY2mZkRyiUIQ/viewform

EXHIBITION OF LITURGICAL VESTMENTS AND EMBROIDERY

Carlo Catholic Services will be hosting an Exhibition of Liturgical Vestments and Embroidery, featuring several sets of liturgical vestments from different periods, including vestments crafted with Sulam embroidery and Kebaya craftsmanship. During the exhibition, there will be a series of activities such as talks on the **History & Spirituality of Liturgical Vestment** by Frs Reginald (OCD) and Bartolo (OCD), and **workshops and embroidery demonstrations** by Heath Yeo, a Kebaya and Sulam maker. For more information, please contact Agnes (Carlo) at 8085 3241.

Dates:
10 to 24 Apr 2026

Venue:
CCS, Level 2
(225B Queen St,
Singapore 188552)

What is Holy Week,

and how can we fully participate in it?

Holy Week stands at the heart of the Church's liturgical year — the holiest week we celebrate. Beginning with Palm Sunday, climaxing at the Easter Vigil, and closing on Easter Sunday. It invites us to enter deeply into the Paschal Mystery: the Passion, Death, and Resurrection of our Lord Jesus Christ — his triumph over sin and death.



Images by Freepik

Palm Sunday

(Palm-Passion Sunday)

This day holds a dual focus. We begin by commemorating Jesus' triumphant entry into Jerusalem with the blessing and procession of palms. At the same time, we hear the Passion narrative — the longest Gospel proclaimed on any Sunday of the year — inviting us to journey with Christ toward the Cross.

Discipleship Action:

Bring your blessed palms home. Use them to venerate a crucifix or place them near a sacred image. Take time to reflect on the Passion, and if possible, share your reflections with someone.



The Easter Triduum

The Easter Triduum is the most sacred time of the Church year, spanning three days: from the evening of Holy Thursday to Easter Sunday. These are our "high holy days," where we are invited not just to observe, but to fully participate in the sacred mysteries — ideally within our parish community.

Discipleship Action:

Make attending the Triduum liturgies a priority. Enter into them prayerfully and intentionally.

Holy Thursday

The Triduum begins with the Mass of the Lord's Supper. We recall the institution of the Eucharist, the priesthood, and Jesus' act of humble service in the washing of feet. Through this, Christ gives us His commandment (*mandatum*): to love and serve one another.

Discipleship Action:

Spend time in adoration before the Blessed Sacrament after Holy Thursday Mass. Look out for opportunities to serve others quietly and generously.



Good Friday

This solemn liturgy includes the proclamation of the Passion, the veneration of the Cross, and Holy Communion. The Church also offers extended intercessions for the needs of the world.

Discipleship Action:

Set aside time for silence, especially between 12pm and 3pm. Keep a crucifix visible in your home. Offer prayers of gratitude to Christ and renew your commitment to turn away from sin.



Easter Sunday

Easter Sunday celebrates the joy of the Risen Lord. The Church is filled with light, song, and renewed hope. The *Alleluia* returns, and we renew our baptismal promises, rejoicing in the victory of Christ.

Discipleship Action:

Share the Good News with others. Go out of your way to love — because where there is love, there the risen Christ is present.



The Easter Vigil

The Easter Vigil is the high point of the entire liturgical year. From darkness to light, it proclaims the Resurrection — the foundation of our faith. As St Paul reminds us, "If Christ has not been raised, your faith is in vain" (1 Cor 15:17). But Christ has been raised — and we rejoice!

**Holy Week is not just something we observe — it is something we enter into.
Walk with Christ through these sacred days, and allow his love to transform your heart.**

Source: <https://www.archspm.org/what-is-holy-week-and-what-should-christians-do-to-properly-recognize-and-participate-in-it/>



Looking for more information?
Visit www.sfxchurch.sg

Reflection on Our Day of Recollection

BY BEN WONG

Our God is truly a God of surprises. This happened (again) in the recent LiFE Ministry's Day of Recollection (DOR) with the Verbum Dei Sisters. We left the session with experiences of different encounters with the Lord and an uplifting spirit knowing without a doubt this God of ours truly loves us deeply despite our imperfections.

The theme of our DOR was *The Road of Love: Following Jesus in Ministry and Family*, aptly chosen as we want to be disciples of Christ.

We had two sessions of input by Sr Sandra and Sr MJ. There is so much wonder and awe when we allow the Word of God to engulf us. Keeping silence accentuates the many moments of intimacy with the Lord which we seldom enjoy when we rush through our prayers. Through these, I received many affirmations from the Lord.

This Road of Love is the same Road to Calvary which our Lord had so lovingly endured. As disciples we too must undertake this journey. The big difference is he has remodelled his road and paved it generously with his love and graces. To strengthen our discipleship, he has two invitations: To carry our crosses joyfully and faithfully; and to love one another as he has loved us.



So in our daily difficult human encounters (these are crosses), instinctive human response like anger or resentment should be avoided. The Lord will sanctify us, will rid us of our pride, our judgmental tendency, our impatience, etc, when we choose and practise love-centred responses.

Also recall how our Lord has washed his disciples' feet. When we are able to do the same instinctively, we will recognise our nothingness and in a surprising way, God will fill up our emptiness with the necessary grace to tackle any challenging situation and difficulty.

An enlightenment for me in this DOR: To walk this Road of Love, I only need to carry my crosses humbly each day and response with love because love will heal both me and the person I encountered.

We must always remember, we never walk alone because he never allows it. Each one of us is too precious for him to be left unattended. So let's trust in his merciful love by accepting all his generous invitations.



**To strengthen our discipleship, he has two invitations:
To carry our crosses joyfully and faithfully;
and to love one another as he has loved us.**



Mass Times

WEEKDAY MASSES

Mon - Thu:
6.30pm

Tue - Sat:
6.30am

Fri:
8pm

WEEKEND MASSES

Sat: 5.30pm

Sun: 7am, 9am,
11am, 5.30pm
(There is currently no
Confession before Mass)

MASS ON PUBLIC HOLIDAYS

9am

CONFESSION

Contact Parish Office to
make an appointment.

Fri:
4pm - 6pm

Sat:
10am - 12pm

Opening Hours

MAIN GATE

Mon - Sun:
5am - 11pm
Closed on Public Holidays
after 9am Mass

BACK GATE

Mon - Sun:
5am - 11pm
Closed on Public Holidays
after 9am Mass

PARISH OFFICE

Mon - Fri:
9.30am - 6.30pm
Sat & Sun:
8.30am - 1pm
Closed on Public Holidays

ADORATION ROOM

Mon - Sun:
7am - 11pm
Closed on Public Holidays

LIBRARY

Sun:
8am - 1pm,
4pm - 5.30pm

COLUMBARIUM

Mon - Fri:
10am - 7.30pm

Sat - Sun:
8.30am - 7.30pm
Closed on Public Holidays

ANOINTING OF THE SICK

The sacrament can be administered to any Catholic awaiting serious surgery, suffering from serious illness or weakened by old age. Anointing may be given before admission for the anticipated medical procedure. Contact the Parish Office to request for a priest. In emergencies, priests of the church nearest to the hospital can be contacted.



INFANT BAPTISM

Spiritual preparation is held on the last Friday of every odd month. Baptism is held on the first/second Sunday of the following month. For registration, please refer to our website.



FUNERAL

Please check with the Parish Office for priest availability and Mass timing before confirming the timing at the crematorium. For prayers at the wake, please contact the Parish Office.



MARRIAGE

Contact the Parish Office 12 months before your intended date to book the church premises and ensure that your presiding priest is able to make that date.



MASS OFFERING

Mass offering envelopes are available outside the Parish Office and outside JPPII Hall. Submit your envelopes at least two weeks in advance of your intended date. Please write the names clearly, and in block letters.



VOLUNTEER & SHARE YOUR GIFTS!

If you're interested in content curation and design layout, contact mmm@sfxchurch.sg