



Disciples
Making Disciples



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Online Mass Offering:
tinyurl.com/SFXMassOfferings
UEN: T08CC4033J
Reference: Mass Collection

“The Spirit of God has made his home in you”

5th Sunday of Lent
22 Mar 2026

Ez 37:12-14
Rom 8:8-11
Jn 11:1-45

In this 5th Sunday of Lent, we are confronted with the very real nature of death. We are faced with our own mortality and must confront our limited nature. But we are also presented with a new reality, that of being raised from the grave with Jesus. As we explore the themes in these readings, let us call to mind our ultimate goal and prepare our hearts.

In the First Reading from the prophet Ezekiel, we see a foreshadowing of a future event in the New Testament. The Lord promises to raise all his people from their graves and more importantly “put [his] spirit in you, and you will live” (Ez 37:14). This vision was associated with the spiritual death, despair, and hopelessness of the Jewish people exiled in Babylon. But it can also echo the hopelessness we feel in our own time. With so much strife in the world, it is easy to become consumed by the stress and tension we face. God is speaking directly to us in our despair. How many times have we felt powerless in the face of despair? Do we honestly believe that God is present and wants to raise us from our graves of hopelessness?

St Paul reminds us of this reality in the Second Reading. He calls us to set our minds on spiritual things, “since the Spirit of God has made his home in you” (Rom 8:9). He

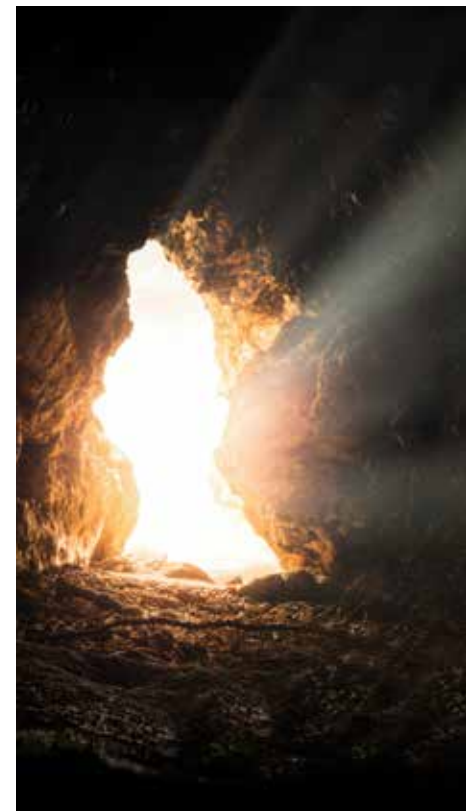
explains that this same Spirit that raised Jesus from the dead will also give life to our bodies. Turning to the Catechism of the Catholic Church (CCC 991), we see that “[b]elief in the resurrection of the dead has been an essential element of the Christian faith from its beginnings.” This belief is the basis of our faith. Do we truly believe what we profess at Mass each week when we pray the Creed? Before our loved ones pass from this life to the next, are we able to comfort them in their final days? Truly, this belief remains unproven until we face death. The Spirit of God comes to dwell within us to prepare us for this transition — but what kind of home have we prepared? A home of peace, prayer, and devotion, or a home of strife, pain, and fixation on transient things?

Finally, we come to the Gospel reading from St John, wherein Mary and Martha have faced their worst tragedy, the loss of their brother, Lazarus. There is a sense of tardiness in Jesus’ arrival to heal Lazarus, and both Martha and Mary echo what we often feel in tragedy: “If you had been here, my brother would not have died” (Jn 11:21). You can hear Martha’s despairing disappointment in this statement. Jesus comforts her with compassion and then tells her, “I am the resurrection and the life. If anyone believes in me, even though he dies he will live, and whoever lives and believes in me will never die” (Jn 11:25-26). He then asks if she believes this truth.

It is the same question that Jesus asks us every time we face an insurmountable tragedy or problem. Martha then makes a profound profession of faith, just as Peter did. To everyone’s astonishment, Jesus calls Lazarus out of the tomb, just as he calls each one of us — shaking us out of our spiritual death and stupor

and calling us to walk again into the light.

This raising of Lazarus from death is more than a symbol. It echoes the death and resurrection of Jesus and our own death and resurrection into eternal life. Jesus is calling us to step out of the tomb we have made through our sins and step into our new life. Are we ready to heed his call? As we journey into our last two weeks of Lent, let us listen attentively to Jesus’ words and prepare our hearts for what is to come.



*“I am the
resurrection
and the life.”*

John 11:25

Announcements

For announcements in the bulletin, send your requests to mmm@sfxchurch.sg by the MONDAY before the weekend, 2359hrs



SCAN QR CODE
FOR MASS HYMNS
www.sfxchurch.sg/mass

FAULTY CHURCH PEWS?

Spot any faulty or damaged pews in church? Scan the QR code to share with us at tinyurl.com/SFXFacilityReport.



SUNDAY FELLOWSHIP

The Canteen Ministry will be serving breakfast this Sunday at JP11 Hall. Do drop by for some food and fellowship. Love offerings are welcome!

CHARISMATIC

There will be Praise & Worship followed by Lenten Meditation & Stations of the Cross. All are welcome!

Date: Mon 23 Mar
Time: 8pm - 9.30pm
Venue: Auditorium (Parish Centre, Level 3)

INTERCESSORY - LENTEN PRAYER

The SFX Intercessory Prayer Ministry, in collaboration with various parish ministries, will be holding a Lenten prayer session. As we prepare for Holy Week, come spend time in prayer and allow the Lord to ready your heart. All are welcome!

Date: Fri 27 Mar
Time: 9pm - 1am
Venue: JP11 Hall

CATECHISM NOTICE

Catechism sessions will resume on **Sun 22 Mar.**

The Catechetical Ministry is also in need of catechists for our K2 level (6-year-olds), which is the first formal catechesis experience for our kids. We invite and welcome parishioners, who love interacting and journeying with young children to consider this great opportunity of service. Join us in echoing our faith to our young ones.

Please contact Dan Lai at cat.ministry@sfxchurch.sg to find out more.

TRAFFIC ADVISORY

Kindly park only in designated lots when coming to church. Please refrain from parking in motorcycle bays and avoid blocking driveways or access points. Your consideration helps ensure that our church grounds remain safe and accessible for everyone. Thank you for your cooperation.



TEMPORARY SKIP TANK PLACEMENT AT OPEN CAR PARK

A skip tank has been placed at the open car park outside the Little Shepherd Schoolhouse until the end of next week. This is for the sole use of church ministries to dispose of bulky items; no personal refuse is allowed as the area is monitored by CCTV. During this period, the affected handicap parking lots will be temporarily relocated. **Parishioners who drive are advised to plan accordingly, navigate the area with caution, and follow the guidance of wardens on duty.** Thank you for your understanding and cooperation

LIFT BREAKDOWN ADVISORY

Please note that the Parsonage lift is currently out of service until further notice and repair works are being arranged. Kindly use the stairs to access the Parish Office (L2) or the Columbarium (Basement). Parishioners who require lift access (i.e. wheelchair users or those with mobility aids) may use the lift at the Parish Centre and proceed to Level 2 via the link bridge. We apologise for the inconvenience caused.

STATIONS OF THE CROSS POINT-OF-VIEW (POV): MEETING JESUS ON CALVARY

He met Jesus on Calvary while piercing the side of Jesus with a lance after Jesus' crucifixion

Collect your character card this week and stick it to your A3 card. If you do not have the A3 card, please get one from the booth outside JP11 Hall.

This Friday's Stations of the Cross at 8pm will include an extended reflection from St Joseph of Arimathea's point-of-view.

From next weekend, you are invited to complete your reflection on the final perforated card and paste your reflection/testimony on a board that will be placed outside the canteen, as your testimony and as part of our parish's re-commitment together.

Holy Week

PALM SUNDAY

SAT 28 MAR | SUN 29 MAR

***Outdoor Procession at 5.30pm
Masses only (weather permitting):**

Palms will be available next weekend outside JP11 Hall and the Main Church Foyer. Please gather at the open space outside the Little Shepherd's Schoolhouse for procession, no parking will be available during these times.

MAUNDY THURSDAY

2 APR | 7.30PM

(Altar of Repose until 12am)

GOOD FRIDAY

3 APR | 9AM, 12PM, 3PM

EASTER VIGIL

4 APR | 7PM

EASTER SUNDAY

5 APR* | 7AM, 9AM, 11AM, 5.30PM

**There will be fellowship at JP11 Hall after morning Masses*

Please note:

- Due to fire safety regulations, standing is not allowed along walkways inside the Church during services to avoid overcrowding. As we are expecting higher attendance during Holy Week, please comply with this and follow the guidance of the wardens.
- Be alert and stay safe. If you notice anything suspicious or require any assistance, please approach our wardens.
- The Adoration Room will be closed at 6pm on Holy Thursday and re-opened on Easter Sunday at 7am.

PIETA: MARCH PRAYER SESSION ON ZOOM

PIETA is a support group for bereaved parents who have united in faith to seek God's comfort, wisdom and hope. A monthly session led by bereaved parents is held for parents to pray, reflect and break open the Word of God. We invite any parent who has lost a child (regardless of age and no matter how recent or long ago) to unite with us in faith. Our next session on **Tue 24 Mar** and will be from **7:30pm to 9:15pm**. If you wish to join us, please email us directly at pieta.singapore@gmail.com for the Zoom link.

First Scrutiny

On **8 March**, our RCIA and RC1Y Elect underwent the first in a series of three Scrutinies, witnessed by the Candidates and our SFX community.



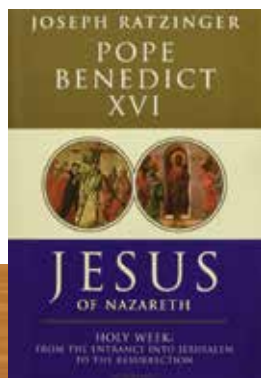
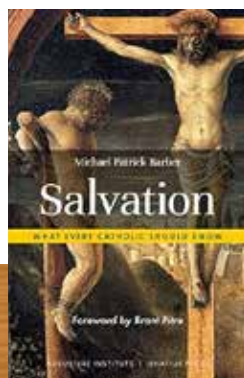
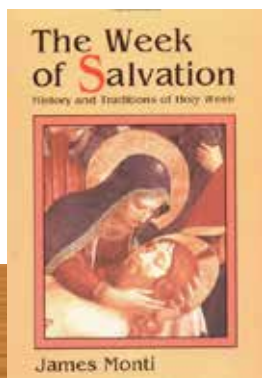
The Scrutinies are especially important in the journey of Elect during the Lenten season of self-examination, repentance and healing. It is during this time that they, together with the Candidates and all Catholics, prepare to step into the radiant light of Jesus' victory over sin at Easter.

For our Elect, these rites represent preparation and eventual readiness for Baptism and, together with our Candidates, Confirmation and the reception of the Holy Eucharist. For them and for all parishioners, our witnessing of the Scrutinies presents an opportunity to heed the call to ongoing conversion.

Dear SFX family, please continue lifting our Elect and Candidates in prayer as they continue to journey towards Baptism and Confirmation!



Recommended Readings for Holy Week from St Jerome Library



“The Week of Salvation: History and Traditions of Holy Week”

by James Monti

Do you know that “Holy Week” used to be called “the six days of the Pascha”, “Paschal Week”, “the Great Week”, “the last week of Lent”, “Palm-week” and “Week of Lamentation”? These various ways of describing the final week of Jesus’ earthly life express the astounding significance and great devotion Christians attach to how Jesus’ passion, death and resurrection has changed all of human history - past, present, and future. In this book, church historian James Monti explores with comprehensive detail, the scriptural, liturgical as well as devotional dimensions of the Church’s most important week in the liturgical calendar.

“Salvation: What every Catholic Should Know”

by Dr Michael P. Barber

Confronted with the question, “Are you saved?” the teenage Michael Barber found himself deepening his exploration into what exactly salvation or “being saved” means. Now a Professor of Sacred Scripture and Theology at the Augustine Institute, Dr Barber hopes his book “will give readers not only a better understanding of what salvation is, but a deeper love for the Savior himself.”

“Jesus of Nazareth - Holy Week: From the Entrance into Jerusalem to the Resurrection”

by Pope Benedict XVI

From Jesus’ “ascent” and entry into Jerusalem, the cleansing of the Temple, his “kingly right” to requisition the donkey, the dating of the Last Supper, and the question as to whether the Last Supper was a Passover Meal, Pope Benedict XVI shares his research and deep insights into the words and deeds of Jesus in Holy Week. On Jesus’ Words of Institution at the Last Supper, Pope Benedict XVI highlights that Jesus’ willingness to shed his blood “for many” is key, “...the use of the word ‘for’ [is] key not only to the Last Supper accounts, but to the figure of Jesus overall. His entire being is expressed by the word ‘pro-existence’ - he is there, not for himself, but for others. This is... his innermost essence and its entirety. If we are able to grasp this... then we have understood what discipleship is.”



Looking for more information?
Visit www.sfxchurch.sg

Mass Times

WEEKDAY MASSES

Mon - Thu:
6.30pm

Tue - Sat:
6.30am

Fri:
8pm

WEEKEND MASSES

Sat: 5.30pm

Sun: 7am, 9am,
11am, 5.30pm
(There is currently no
Confession before Mass)

MASS ON PUBLIC HOLIDAYS

9am

CONFESSION

Contact Parish Office to
make an appointment.

Fri:
4pm - 6pm

Sat:
10am - 12pm

Opening Hours

MAIN GATE

Mon - Sun:
5am - 11pm
Closed on Public Holidays
after 9am Mass

BACK GATE

Mon - Sun:
5am - 11pm
Closed on Public Holidays
after 9am Mass

PARISH OFFICE

Mon - Fri:
9.30am - 6.30pm
Sat & Sun:
8.30am - 1pm
Closed on Public Holidays

ADORATION ROOM

Mon - Sun:
7am - 11pm
Closed on Public Holidays

LIBRARY

Sun:
8am - 1pm,
4pm - 5.30pm

COLUMBARIUM

Mon - Fri:
10am - 7.30pm

Sat - Sun:

8.30am - 7.30pm
Closed on Public Holidays

ANOINTING OF THE SICK

The sacrament can be administered to any Catholic awaiting serious surgery, suffering from serious illness or weakened by old age. Anointing may be given before admission for the anticipated medical procedure. Contact the Parish Office to request for a priest. In emergencies, priests of the church nearest to the hospital can be contacted.



INFANT BAPTISM

Spiritual preparation is held on the last Friday of every odd month. Baptism is held on the first/second Sunday of the following month. For registration, please refer to our website.



FUNERAL

Please check with the Parish Office for priest availability and Mass timing before confirming the timing at the crematorium. For prayers at the wake, please contact the Parish Office.



MARRIAGE

Contact the Parish Office 12 months before your intended date to book the church premises and ensure that your presiding priest is able to make that date.



MASS OFFERING

Mass offering envelopes are available outside the Parish Office and outside JP11 Hall. Submit your envelopes at least two weeks in advance of your intended date. Please write the names clearly, and in block letters.



VOLUNTEER & SHARE YOUR GIFTS!

If you're interested in content curation and design layout, contact mmm@sfxchurch.sg