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Disciples
Making Disciples

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Sweet Sacrament, We Thee Adore

Solemnity of the Most Holy Body
and Blood of Christ (*Corpus Christi*)
19 Jun 2022

Gen 14:18-20
1 Cor 11:23-26
Lk 9:11b-17

This year, as we celebrate *Corpus Christi*, the Church in the United States will launch a three-year Eucharistic Revival. This movement was spearheaded following a 2019 Pew Research Study which concluded that only one-third of US Catholics believe in the doctrine of Christ's real presence in the Holy Eucharist. This is concerning news and begs the question why belief in it has fallen away? We see in John 6:60 that Jesus' invitation to his disciples to eat of his flesh was difficult for some to accept. Some of them become outraged when Jesus makes his proclamation and question how anyone could accept it. In response, Jesus does not water down his words but instead lets those that could not accept his teachings walk away, demonstrating the importance of this teaching.

While no such survey has yet been done here in Singapore, on this Solemnity, we also are invited to reflect on our relationship with Christ through the sacrament of the Eucharist. Do we truly believe that the Lord makes himself physically available to us in the bread and wine offered during mass? Or is it just something we regard as a symbol? What does it mean that Jesus gives us his body and blood at every Eucharistic celebration?

The true presence of the Lord is given

to us, for our sake. We are a body and soul composite or hylomorphic being. As both body and soul, this means that we communicate both physically and spiritually. God knows that we require his physical presence in order to go deeper in union with him. Therefore, out of love and desire for union with us, he gives us his body to consume. He wants to be accessible to us in the way that we need. The Catechism tells us, "It is highly fitting that Christ should have wanted to remain present to his Church in this unique way. Since Christ was about to take his departure from his own in his visible form, he wanted to give us his sacramental presence; since he was about to offer himself on the cross to save us, he wanted us to have the memorial of the love with which he loved us 'to the end,' even to the giving of his life." (CCC 1380)

It was in the 13th century that *Corpus Christi* was instituted. St. Juliana of Liège, who had a devotion to the Holy Eucharist had desired a feast day for the Blessed Sacrament. She received a vision repeatedly over 20 years that convicted her desire for this feast. It was also during this time that the Eucharistic miracle of Bolsena, Italy, happened. At the consecration, Father Peter of Prague, who faced doubts regarding

Jesus' real presence in the Eucharist, experienced the host bleeding onto the corporal on the altar. He reported this to Pope Urban IV who investigated the miracle. A year later in 1264, the feast of *Corpus Christi* was instituted for the Universal Church.

The Eucharist is Christ's sacrifice of himself in the most profound way, allowing us to be present to partake in his death on the cross. This great act of love requires a response. We are invited to give of ourselves to the Lord as we receive him. In Hosea 6:6, God says that the sacrifice he desires of us is steadfast love rather than burnt offerings. How may we cultivate this love and draw close in union with Jesus? Firstly, educating ourselves about the mass helps us to appreciate and understand better the prayers and liturgy which the Church gives us to prepare our hearts to receive Jesus. Knowing helps us to love more authentically and to receive him with due love and reverence. Now that the adoration chapels have opened up, we can also spend more time adoring the Blessed Sacrament and allowing the loving gaze of the Lord to touch us. All he requires of us is ourselves. Are we able to say yes to him and to draw into deeper intimacy this *Corpus Christi*?

"Since Christ was about to take his departure from his own in his visible form, he wanted to give us his sacramental presence... he wanted us to have the memorial of the love with which he loved us 'to the end,' even to the giving of his life." (CCC1380)



Announcements

For announcements in the bulletin, send your requests to mmm@sfxchurch.sg by the MONDAY before the weekend, 2359hrs

**SCAN QR CODE
FOR MASS HYMNS**
www.sfxchurch.sg/mass



GIFT COLLECTION

This weekend, there will be a call for contributions for the GIFT (Giving in Faith & Thankfulness) programme to build a more vibrant, evangelising and missionary Church. Support the organisations and projects of the archdiocese by making a monthly giving pledge. Or, give via PayNow (UEN: 201231391K). More info at catholicfoundation.sg

SACRAMENT OF RECONCILIATION

It is available via appointment only. You may contact the Parish Office to make an appointment for the following time slots:

Fridays: 4pm - 6pm
Saturdays: 10am - 12pm

CHARISMATIC

There will be Intercessory Prayers by SFX IP Ministry with Exposition of the Blessed Sacrament, and Praise & Worship by SFX Charismatic Prayer Group followed by a talk on 'Understanding the Eucharist' by Fr Benedict Chng. Light refreshments will be provided before the session. All are welcome.

Date: Mon 20 Jun 2022
Venue: JP11 Hall (Parsonage, Level 1)
Time: 7.30pm - 9.30pm

MARRIAGE ENCOUNTER (ME): MAKE YOUR MARRIAGE A PRIORITY!

Good marriages can always be made better. To deepen your relationship, sign up for a Marriage Encounter Weekend on **1 - 3 Jul**. Please contact Mark & Pearly at 9105 5559 or email them at mewkend@gmail.com.

Marriage Encounter couples will be present to share how they have benefited from the ME Weekend as well as answer your queries on the programme. There will be gift vouchers for your married friends/relatives to attend this life-changing programme. Each voucher pays for the programme's registration fee of \$50. Enjoy the SPECIAL PRICE of \$25 if you purchase it during the promotion.

Wishing All Fathers A Happy Father's Day!

"As the Father has loved me,
so have I loved you.
Abide in my love." - John 15:9



UPDATE ON JUNE MASSES

Online Mass bookings are no longer required. Seating capacity for Weekend Masses has been increased to 700 for VDS* Masses and 500 for Non-VDS* Masses.

NON-VDS MASSES (500 PAX):

- Weekday Masses (EXCEPT SPECIFIED SOLEMNITY MASSES)
- Sat 6.30am, Sun 7am, Sun 5.30pm

VDS MASSES (700 PAX):

- Sat 5.30pm, Sun 9am, Sun 11am

As per MCCY guidelines, we regret that we may have to refuse entry when the maximum capacity has been reached.

* Vaccination-Differentiated

MASS TIMINGS

Please note that we now have more Weekday Masses. The updated Weekday Mass Schedule is as follows:

Tue - Sat 6.30am
Mon - Thu 6.30pm; **Fri** 8pm

THINGS TO NOTE

- Trace-Together App/token and ID **NOT REQUIRED** for Weekday & Sat AM Masses except specified Solemnity Masses
- Trace-Together App/token and ID **REQUIRED** for VDS Masses for Vaccination status verification and headcount
- ID **REQUIRED** for Sunday non-VDS Masses for headcount
- Mass Entry: Weekday & Sat AM Masses - all doors; Sun 7am Mass - Choir Entrance only; all other Masses - Choir Entrance and Foyer

MASS COLLECTION

Your continuous generosity and donations will help contribute to our Parish's daily operations. You can make your offerings via the following options:

1. **PayNow** - Launch the PayNow service on your bank's app or online website. Select "Send via Unique Entity Number (UEN)" and enter "**T08CC4033J**". Proceed to check entity name - **Church of St Francis Xavier**, then key in amount. Lastly, key in the reference - Mass Collection.
2. **Cheque** - Payable to 'Church of St Francis Xavier'. Please write 'Mass Collection' behind the cheque. Mail cheques to **63A Chartwell Drive, Singapore 558758**.

RCIA/RCIY 2022/2023 - THE JOURNEY OF FAITH

Do you know of anyone who is interested in embarking on a journey of faith? Or perhaps someone who has felt a stirring in their heart and is seeking answers to questions, or even peace in their struggles? We encourage you to reach out to them and invite them to join us in RCIA and RCIY.

New RCIA Journey (24 years old and above)

Date: Tue 5 Jul 2022
Time: 8pm - 10pm
Venue: JP11 Hall (Parsonage, Level 1)
Register: tinyurl.com/sfxrciasignup
For enquires: 9827 6893 (Lloyd)/
8112 8041 (Grace)



New RCIY Journey (13 - 23 years old)

Date: Sun 3 Jul 2022
Time: 10.30am - 12.30pm
Venue: Jeremiah
(Parish Centre, Level 2)
Register: tinyurl.com/SFX-RCIY-2022-23
For enquires: 9002 9977 (Angela)/
9675 5698 (Corinne)



RCIY 'Come and See' session,

Date : Sun 26 Jun
Time : 10.30am - 12.30pm
Venue: Jeremiah (Parish Centre, Level 2)

For 2022 RCIA/Y Journey testimonials, visit <https://tinyurl.com/sfxrciay22testimonials>

CENACLE SISTERS: THE PEARL OF GREAT PRICE RETREAT (7D6N)

Join us for five days of discovering, reflecting, encountering and entering into the heart of GOD who loves you and calls you to THE PEARL. We specially invite those who would like to experience an individually directed silent retreat for the first time. For further enquiries, email cenaclesingapore@gmail.com or contact 6466 2178

Dates & Time: Fri 22 Jul (6.30pm) - Thu 28 Jul (12noon)

Venue: LifeSprings - Canossian Spirituality Centre (100 Jalan Merbok, Singapore 598454)

Registration: www.cenaclemission.com

CATHOLIC PRAYER SOCIETY: WHAT IS MY REAL WORTH?

Join us for a Day of Recollection to rediscover the love of God our Father for us personally. Retreat conducted by Rev Fr Terence Pereira & Eric Lam. Any queries, email cps.talks@gmail.com

Date & Time: Sat 2 Jul, 9am - 1pm

Venue: TPI Building, 62 Cecil Street, 6th Floor

Cost: \$20 per person

Register: tinyurl.com/Realworth

Registration is required and closes on Fri 1 July.

HEALING AND FORGIVENESS BY REV FR AUGUSTINE

"Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you." - Ephesians 4:32

Fr Augustine Vallooran, Director of the Divine Retreat Centre in Colombo and an internationally renowned preacher and retreat leader will be celebrating Mass at SFX during his trip to Singapore. SFX is most privileged to have him for just one evening, complete with Mass, worship and healing ministry. All are welcome; no vaccination entry requirements. Capacity capped at 500 persons. Do seize this rare opportunity and mark your diaries.



Date: Mon 27 Jun 2022

Time: 8pm - 10pm

Venue: Main Church

Capacity: 500pax

CLARITY: BRAVE CHATS 2022 - GOD & MENTAL HEALTH

Where is God in my mental health? Can mental health and faith come together? What is the Catholic church's stance on mental health?

Organised by Clarity Singapore, this is an opportunity for young people (18 - 35 years old) to come together to share and discuss on topics about mental health and faith over two sessions. For any enquires, email sarah.teo@clarity-singapore.org

Students (18 - 25 years old)

Dates & Times: Mon 18 Jul, 8 - 10pm & Sat 23 Jul, 2 - 4pm

Register: tinyurl.com/bravechats22STU (by 11 Jul 2022)

Young Working Adults (18 - 35 years old)

Dates & Times: Mon 1 Aug, 8 - 10pm & Sat 6 Aug, 2 - 4pm

Register: tinyurl.com/bravechats22WA (by 25 Jul 2022)

10TH WORLD MEETING OF FAMILIES (WMOF)

This year, the Catholic Church celebrates the 10th World Meeting of Families, originally instituted by Saint John Paul II in 1994. Pope Francis calls for a multi-centred celebration, where all are invited to participate in the celebrations in Rome, right in our local Diocese. For more information, visit www.familylife.sg/WMOF

Dates & Time: Sat, Jun 25, 9:30 AM - Sun, Jun 26, 12:30 PM

Venue: St. Joseph's Institution (38 Malcolm Road, Singapore 308274)



Scan the QR Code or register at bit.ly/WMOF_SG




10th World Meeting of Families
22 - 26 June 2022

FAMILIES ARE WONDERFUL AND FRAGILE. JOIN US TO LEARN ABOUT THIS VOCATION AND PATH TO HOLINESS!

Jointly organised by



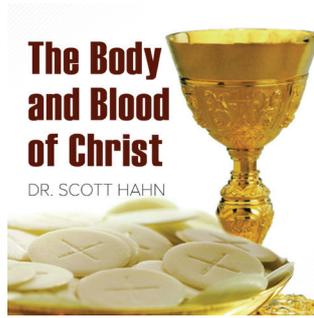
Catholic Family Life
and Family Ministries

Find out more here!



THE BODY AND BLOOD OF CHRIST BY DR. SCOTT HAHN

In this informative Lighthouse Talk, Dr. Scott Hahn, a former Presbyterian minister, provides the Biblical basis for the Church's teaching on the Real Presence of Christ in the Eucharist and the significance of the Feast of Corpus Christi. It also gives us a greater understanding of our vocation to be the living presence of Christ in the world.



To set up your free account visit formed.org/signup and select our parish.



i ♥ Daddy
because...

1. _____
2. _____
3. _____

Thank you LORD
for my Dad.

Source: <https://ministry-to-children.com/fathers-day-coloring-pages/>



MASS TIMINGS

WEEKDAY MASSES

Mon - Thu:
6.30pm

Tue - Sat:
6.30am

Fri:
8pm

WEEKEND MASSES

Sat:
5.30pm*

Sun: 7am, 9am*,
11am*, 5.30pm
*(There is currently no
Confession before Mass)*

*MASS ON PUBLIC HOLIDAYS

9am

**For Vaccinated Only*

CONFESSION

Fri:
4pm - 6pm

Sat:
10am - 12pm

OPENING HOURS

MAIN GATE

Mon - Sun:
5am - 11pm

PARISH OFFICE

For pastoral care services (e.g. anointing, funerals etc), you may contact before coming at the following hours.

Mon - Sat:

9.30am - 6.30pm
Sun: 8.30am - 1pm

ADORATION

Mon - Sun:

7am - 11pm
Closed on Public Holidays

COLUMBARIUM

Mon to Sat:

10am - 6pm
*Closed on Sundays and
Public Holidays.*

ANOINTING OF THE SICK

The sacrament can be administered to any Catholic awaiting serious surgery, suffering from serious illness or weakened by old age. Anointing may be given before admission for the anticipated medical procedure. Contact the Parish Office to request for a priest. In emergencies, priests of the church nearest to the hospital can be contacted.



INFANT BAPTISM

Spiritual preparation is held on the last Friday of every odd month. Baptism is held on the first Sunday of the following month. For registration, please refer to our website.



FUNERAL

Please check with the Parish Office for priest availability and Mass timing before confirming the timing at the crematorium. For prayers at the wake, please contact the Parish Office.



MARRIAGE

Contact the Parish Office 12 months before your intended date to book the church premises and ensure that your presiding priest is able to make that date.



MASS OFFERING

Mass offering envelopes are available outside the Parish Office. Submit your envelopes at least two weeks in advance of your intended date. Please write the names clearly, and in block letters.



VOLUNTEER & SHARE YOUR GIFTS!

If you're interested in content curation and design layout, contact mmm@sfxchurch.sg