



# THE MANNA

Church of St Francis Xavier

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**Disciples  
Making Disciples**

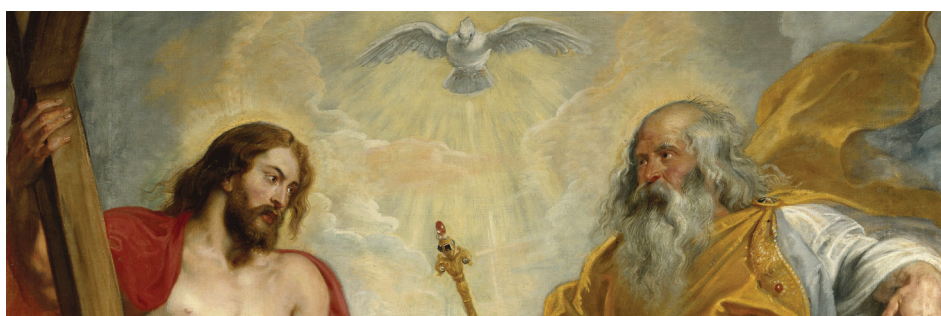
## Three in One

Solemnity of the Most Holy Trinity  
12 Jun 2022

**Prov 8:22-31**  
**Rom 5:1-5**  
**Jn 16:12-15**

In one of his articles on the mystery of the Holy Trinity, Fr Ronald Rolheiser gives a brief history of religion. From early on in our human history, people have always had experiences of the divine and transcendental that have moved them to worship him. However, they had the sense that God is too rich to be captured by any one human concept. "Hence, most ancient peoples were polytheistic; they believed in many gods and goddesses." These gods and goddesses spoke to "every longing and every circumstance, from war, growing crops, to sex, and understanding why your father wouldn't bless you." Furthermore, these peoples sometimes perceived gods and goddesses to have a dramatic existence, fighting among themselves and meddling in human affairs.

In the Old Testament, we see that the Jews were an exception. They proclaimed that there was only one Almighty God, and no other like Him. After the resurrection of Jesus however, the early Christians started to encounter problems with simple monotheism. "When Jesus rose from the dead, Christians immediately began to attribute divinity to him, yet without identifying him as God the Father. Jesus was understood to be God, but somehow different from God the Father. Moreover, inside of their experience, they sensed still a third divine energy which they couldn't



*"The idea of God needs to stretch, not shrink, the human imagination." - Fr Ron Rolheiser*

fully identify with either Jesus or God the Father — [which is] the Holy Spirit." It took a few centuries of theological disputes and rebutting of heresies before the Church could articulate the trinitarian formula of three divine persons in one God.

In his book *"Mere Christianity"*, CS Lewis distinguishes between making and begetting. When you make something, you are producing something that is outside of yourself, something that is not of your own nature, for example, a man making a pot from moulding some clay; a pot is substantially different from a man. However, when you beget something, you create something of yourself, such as a man begetting a child; both are of the same human nature. Similarly, as God the Father begets Jesus the Son, both are of the same divine nature.

Lewis continues, "What grows out of the joint life of the Father and the Son is in fact the third of the three Persons who are God... Do not be worried or surprised if you find Him rather vague or more shadowy in your mind than the other two. In the Christian life you are not usually looking at Him. He is always acting through you. If you think of the Father as something 'out there', in front of you, and of the Son as someone standing

at your side, helping you to pray, trying to turn you into another son, then you have to think of the third Person as something inside you, or behind you."

This is how God takes us up into his divine life. When we allow the Holy Spirit to act in us and through us, speaking the language of love in our every thought, word and deed, God's divinity within us flourishes. This is echoed in the Gospel reading where Jesus said, "...when the Spirit of truth comes, he will lead you to complete truth... Everything the Father has is mine; that is why I said: All he tells you will be taken from what is mine." In this, we sense the unity and interrelationship between all three divine persons, as well as the invitation given to us to join ourselves to them.

In our wrestling with theological concepts, Fr Rolheiser exhorts us to humility. In the end, "no formula can ever [fully] capture the reality of God... All of us need to be more humble in our language about God. The idea of God needs to stretch, not shrink, the human imagination." May the trinitarian doctrine open our hearts to the workings of the richness of God within us, and not chain us to rigid ideas of who we think God should be.

## Announcements

For announcements in the bulletin, send your requests to [mmm@sfxchurch.sg](mailto:mmm@sfxchurch.sg) by the MONDAY before the weekend, 2359hrs

**SCAN QR CODE  
FOR MASS HYMNS**  
[www.sfxchurch.sg/mass](http://www.sfxchurch.sg/mass)



## SACRAMENT OF RECONCILIATION

It is available via appointment only. You may contact the Parish Office to make an appointment for the following time slots:

**Fridays:** 4pm - 6pm  
**Saturdays:** 10am - 12pm

## SSVP 2ND COLLECTION

With your kind donations last weekend, SSVP was able to raise **\$7,525.25** for Friends In Need. We thank you for your generosity and continued support of our activities.

If you wish to make a cheque payment or PayNow, it should be payable to:

**Society of St Vincent de Paul (SSVP)**

- **OCBC Bank Account No:**  
686 596 768 001
- **PayNow UEN:** S61SS0149B

## INTERCESSORY PRAYER

Come storm heaven with us in the presence of the Blessed Sacrament.

**Date & Time:** Mon 13 Jun, 8pm  
**Venue:** Micah (Parish Centre, Level 2)

## CHARISMATIC

The next Charismatic Prayer Meeting is on **Mon 13 Jun, 8pm**. There will be Praise & Worship followed by a General Prayer For Healing. All are welcome.

**Venue:** SFX Parish Hall  
(Parish Centre, Level 3)

## CANDLELIGHT ROSARY PROCESSION IN HONOUR OF OUR BLESSED MOTHER

Come meet us on **Mon 13 Jun, 7.45pm** at **JPII Hall** for the 8pm rosary procession within the church grounds. You may bring your own waxless candle.



## FR CORNELIUS'S FAREWELL & THANKSGIVING MASS

Fr Cornelius will be celebrating his thanksgiving Mass on **Sun 19 Jun at 11am**, before he leaves for his studies in Rome. As a parish community, we give thanks to God for his sacrifices and love for the parish. Let us continue to pray for him.

## UPDATE ON JUNE MASSES

Online Mass bookings are no longer required. Seating capacity for Weekend Masses has been increased to 700 for VDS\* Masses and 500 for Non-VDS\* Masses.

### NON-VDS MASSES (500 PAX):

- Weekday Masses (EXCEPT SPECIFIED SOLEMNITY MASSES)
- Sat 6.30am, Sun 7am, Sun 5.30pm

### VDS MASSES (700 PAX):

- Sat 5.30pm, Sun 9am, Sun 11am

As per MCCY guidelines, we regret that we may have to refuse entry when the maximum capacity has been reached.

\* Vaccination-Differentiated

### MASS TIMINGS

Please note that we now have more Weekday Masses. The updated Weekday Mass Schedule is as follows:

**Tue - Sat 6.30am**  
**Mon - Thu 6.30pm; Fri 8pm**

### THINGS TO NOTE

- Trace-Together App/token and ID **NOT REQUIRED** for Weekday & Sat AM Masses except specified Solemnity Masses
- Trace-Together App/token and ID **REQUIRED** for VDS Masses for Vaccination status verification and headcount
- ID **REQUIRED** for Sunday non-VDS Masses for headcount
- Mass Entry: Weekday & Sat AM Masses - all doors; Sun 7am Mass - Choir Entrance only; all other Masses - Choir Entrance and Foyer

## CORPUS CHRISTI

Please note that there will be outdoor procession at the Sat and Sun 5.30pm Masses.

**Sat 18 Jun: 5.30pm\***  
**Sun 19 Jun: 7am, 9am\*, 11am\*, 5.30pm**

## MASS COLLECTION

Your continuous generosity and donations will help contribute to our Parish's daily operations. You can make your offerings via the following options:

1. **PayNow** - Launch the PayNow service on your bank's app or online website. Select "Send via Unique Entity Number (UEN)" and enter "**T08CC4033J**". Proceed to check entity name - **Church of St Francis Xavier**, then key in amount. Lastly, key in the reference - Mass Collection.
2. **Cheque** - Payable to 'Church of St Francis Xavier'. Please write 'Mass Collection' behind the cheque. Mail cheques to **63A Chartwell Drive, Singapore 558758**.

## RCIA/RCIY 2022/2023 - THE JOURNEY OF FAITH

Do you know of anyone who is interested in embarking on a journey of faith? Or perhaps someone who has felt a stirring in their heart and is seeking answers to questions, or even peace in their struggles? We encourage you to reach out to them and invite them to join us in RCIA and RCIY.

### New RCIA Journey (24 years old and above)

**Date:** Tue 5 Jul 2022  
**Time:** 8pm - 10pm  
**Venue:** JPII Hall (Parsonage, Level 1)  
**Register:** [tinyurl.com/sfxrciasignup](https://tinyurl.com/sfxrciasignup)  
For enquires: 9827 6893 (Lloyd)/  
8112 8041 (Grace)



### New RCIY Journey (13 - 23 years old)

**Date:** Sun 3 Jul 2022  
**Time:** 10.30am - 12.30pm  
**Venue:** Jeremiah  
(Parish Centre, Level 2)  
**Register:** [tinyurl.com/SFX-RCIY-2022-23](https://tinyurl.com/SFX-RCIY-2022-23)  
For enquires: 9002 9977 (Angela)/  
9675 5698 (Corinne)



### RCIY 'Come and See' session,

**Date:** Sun 26 Jun  
**Time:** 10.30am - 12.30pm  
**Venue:** Jeremiah (Parish Centre, Level 2)

For 2022 RCIA/Y Journey testimonials, visit <https://tinyurl.com/sfxrciay22testimonials>

## 10TH WORLD MEETING OF FAMILIES (WMOF)

This year, the Catholic Church celebrates the 10th World Meeting of Families, originally instituted by Saint John Paul II in 1994. Pope Francis calls for a multi-centred celebration, where all are invited to participate in the celebrations in Rome, right in our local Diocese. For more information, visit [www.familylife.sg/WMOF](http://www.familylife.sg/WMOF)

**Dates & Time:** Sat Jun 25, 9.30 am – Sun Jun 26, 12.30pm  
**Venue:** St. Joseph's Institution (38 Malcolm Road, S308274)  
**Register:** [bit.ly/WMOF\\_SG](https://bit.ly/WMOF_SG)



## HEALING AND FORGIVENESS BY REV FR AUGUSTINE

Fr Augustine Vallooran, Director of the Divine Retreat Centre in Colombo and an internationally renowned preacher and retreat leader will be celebrating Mass at SFX during his trip to Singapore. SFX is most privileged to have him for just one evening, complete with Mass, worship and healing ministry. All are welcome; no vaccination entry requirements. Capacity capped at 500 persons. Do seize this rare opportunity and mark your diaries.



**Date:** Mon 27 Jun 2022  
**Time:** 8pm - 10pm  
**Venue:** Main Church  
**Capacity:** 500pax

## OYP: SEC 4 & 5 OUTREACH

The Office for Young People (OYP) is excited to bring to Sec 4 and 5 students an outreach programme to experience the joy of the Lord in the midst of their busy school life.

**Date & Time:** Wed 22 Jun, 2pm - 4.30pm  
**Venue:** Office for Young People  
**Register:** <https://tinyurl.com/sec4and5outreach>



## CONGRATULATIONS TO ARCHBISHOP WILLIAM GOH ON HIS APPOINTMENT TO THE COLLEGE OF CARDINALS!

The Archdiocese of Singapore is honoured to have their archbishop, Monsignor William Goh elevated to the Cardinalate.

Archbishop William is conscious that this honour and new responsibility conferred on him is also a recognition of the contribution of the faithful in the archdiocese for helping him to build a vibrant, evangelising and missionary church.

Read full message at [www.catholic.sg/cardinalate/](http://www.catholic.sg/cardinalate/)

## FORMED®

### ECHO WITH BISHOP DONALD HYING

ECHO is a series of short and engaging videos that introduces fundamental Catholic teachings and provides an inspiring start to personal growth in the Faith. This beautiful work of cinematography is hosted by Bishop Donald Hying of Gary, Indiana.



PICK OF THE WEEK

## LEARN

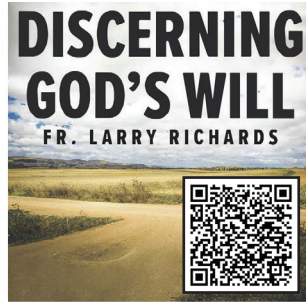


### JESUS: THE MODEL AND MASTER OF PRAYER

In this episode of his course on the Our Father, Dr. Ben Akers teaches us what we can learn from the perfect model and master of prayer: Jesus himself.

### DISCERNING GOD'S WILL BY FR LARRY RICHARDS

Discovering the will of God can be an intimidating challenge in the spiritual life. Join Fr Larry Richards as he guides us in this task through practical advice and personal stories!



To set up your free account visit [formed.org/signup](https://formed.org/signup) and select our parish.



## Psalm 8 Word-Find

Find the words from today's Psalm that are in CAPITALS.  
Use the left over letters to fill in the blanks at the very end.

B E A S T S H A N D S  
I A G W A T E R S I M  
R R C O S T A R S V I  
D T R R E H V A H T N  
S H O K M R E N E P D  
H A W M O O N G E O C  
G N N K R U S E P W A  
R F E E T G S D T E T  
E I D O A H O N O R T  
A S G G L O R Y O D L  
T H I N G S A V A G E

How **GREAT** is your name, O Lord our God,  
**THROUGH** all the **EARTH**!

When I see the **HEAVENS**, the **WORK** of your **HANDS**,  
the **MOON** and the **STARS** which you have **ARRANGED**,  
what is man that you should keep him in **MIND**,  
**MORTAL** man that you care for him?

Yet you have made him little less than a god;  
with **GLORY** and **HONOR** you **CROWNED** him,  
gave him **POWER** over the works of your hand,  
put all **THINGS** under his **FEET**.

All of them, **SHEEP** and **CATTLE**,  
yes, even the **SAVAGE BEASTS**,  
**BIRDS** of the air, and **FISH**  
that make their way through the **WATERS**.



### MASS TIMINGS

#### WEEKDAY MASSES

Mon - Thu:  
6.30pm

Tue - Sat:  
6.30am

Fri:  
8pm

#### WEEKEND MASSES

Sat:  
5.30pm\*

Sun: 7am, 9am\*,  
11am\*, 5.30pm  
(There is currently no  
Confession before Mass)

#### \*MASS ON PUBLIC HOLIDAYS

9am

\*For Vaccinated Only

#### CONFESSION

Fri:  
4pm - 6pm

Sat:  
10am - 12pm

### OPENING HOURS

#### MAIN GATE

Mon - Sun:  
5am - 11pm

#### PARISH OFFICE

For pastoral care  
services (e.g.  
anointing, funerals  
etc), you may contact  
before coming at the  
following hours.

#### Mon - Sat:

9.30am - 6.30pm  
Sun: 8.30am - 1pm

#### ADORATION

Mon - Sun:

7am - 11pm  
Closed on Public Holidays

#### COLUMBARIUM

Mon to Sat:

10am - 6pm  
Closed on Sundays and  
Public Holidays.

### ANOINTING OF THE SICK

The sacrament can be administered to any Catholic awaiting serious surgery, suffering from serious illness or weakened by old age. Anointing may be given before admission for the anticipated medical procedure. Contact the Parish Office to request for a priest. In emergencies, priests of the church nearest to the hospital can be contacted.



### INFANT BAPTISM

Spiritual preparation is held on the last Friday of every odd month. Baptism is held on the first Sunday of the following month. For registration, please refer to our website.



### FUNERAL

Please check with the Parish Office for priest availability and Mass timing before confirming the timing at the crematorium. For prayers at the wake, please contact the Parish Office.



### MARRIAGE

Contact the Parish Office 12 months before your intended date to book the church premises and ensure that your presiding priest is able to make that date.



### MASS OFFERING

Mass offering envelopes are available outside the Parish Office. Submit your envelopes at least two weeks in advance of your intended date. Please write the names clearly, and in block letters.



### VOLUNTEER & SHARE YOUR GIFTS!

If you're interested in content curation and design layout, contact [mmm@sfxchurch.sg](mailto:mmm@sfxchurch.sg)