



**Disciples**  
*Making Disciples*



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## Three in One

**Solemnity of the Most Holy Trinity**  
30 May 2021

**Deut 4:32-34, 39-40**

**Ps 32**

**Rom 8:14-17**

**Mt 28:16-20**

This Sunday, the Church invites us to ponder the most fundamental and foundational doctrine of the Christian faith, which separates us from all other monotheistic faiths - that God is One in nature and triune in persons. The revealed truth that God is One in the Father, the Son and the Holy Spirit, is a doctrine of faith that is held by both the Catholic Church and mainstream Protestant denominations. (see CCC 234)

Whilst the doctrine of the Holy Trinity is not explicitly spelt out in the Bible, it is alluded to in key events throughout salvation history - especially in the account of Creation; and the baptism and transfiguration of Jesus. And in the readings today, the distinctive character of each Person of the Trinity comes into view. Thus, in the first reading and Psalm, God the Father is deeply involved in his creation, showing his love and mercy, setting out signs and wonders, laws and commandments, exhorting us to "take it to heart" (Deut 4:39) so that life will go well with us. The gospel reading tells us about God the Son's work of redemption and how he commissions all of us to continue his work to bring others to salvation, always doing this in the name of the Father, the Son and the Holy Spirit. The second reading tells us that it is the grace of God the Holy Spirit that moves and sanctifies us so that we might become true children of God and therefore co-heirs with Christ in the divine life of the Holy Trinity.



*"God is One in nature and triune in Persons"*

It is difficult for our human intellect to fully grasp the mystery which is the Holy Trinity. How are we to understand the truth that God is one and yet really three distinct persons who "do not share the one divinity among themselves but each of them is God whole and entire"? (CCC 253) To paraphrase Venerable Fulton Sheen - Man thinks and sometimes puts his very soul and being into his thoughts that we recognise them as thoughts of the person - for example the thoughts of Plato, Pascal, Shakespeare or Dante. In the same way, God also thinks. But his thought is one that reaches into the abyss of all things that are known and can be known. God's one thought is sufficient, infinite and equal to himself. When that thought is pronounced it becomes a Word, the source of all wisdom in the world, and the first-born of the spirit of God; a Person, unique and absolute which tells what God is. This Word is also called a Son, because He has been generated (cf Jn 1:1, 14). The Father is not first and then thinks, but the Father and the Son are co-eternal because for God, all is present and unchanging. The Father loves the

Son, and the Son loves the Father, giving themselves in a love so infinite, real and concrete that it becomes the person of the Holy Spirit, who is love itself. So God the Father, the Son and the Holy Spirit are three distinct persons and yet are one in essence. Such is the inner life of our Triune God - just like our soul, will and intellect do not make three substances but one. (*The Divine Romance* - Fulton Sheen)

The Trinity is not just a test of our faith, but a perfect model of selfless love. From the love within God, we can see that the essence of love is not self-centred but unites, gives and shares perfectly. Yet in this selfless love, each Person of the Trinity does not cease to be themselves. Therefore, in our love of neighbour, if it is to approach the love of God, we must freely be charitable in such a way that we remain ourselves and not become something else that we are not; nor should our love take away the dignity of the person receiving it. In this way, if we use our God given liberty to pattern our love of others after the Triune God, we shall be joined with God in eternity.

## Announcements

For announcements in the bulletin, send your requests to [mmm@sfxchurch.sg](mailto:mmm@sfxchurch.sg) by the MONDAY before the weekend, 2359hrs

### HOW CAN WE PRAY FOR YOU?

Please submit your prayer request to [www.sfxchurch.sg/intercessoryprayer](http://www.sfxchurch.sg/intercessoryprayer). All prayer requests are kept confidential. Join us online on **Fri 4 Jun, 8pm** to pray and intercede for others in the presence of the Blessed Sacrament. All are welcome!

#### ZOOM MEETING DETAILS

Meeting ID: 861 5125 7252  
Password: SFX4JUN



### SFX BIBLE APOSTOLATE TEAM: A BIBLICAL DEFENSE OF THE REAL PRESENCE OF CHRIST IN THE EUCHARIST

Have Catholics misunderstood "Do this in remembrance of me?" Are Catholics idol worshippers, bowing to bread & worshipping wine? How can that piece of wafer be truly Jesus when it doesn't taste or smell like human flesh? Why believe in transubstantiation? Where is the biblical proof?

Join SFX BAT online on **Sat 5 Jun, 9am - 10.30am** to find out more! All are welcome

#### ZOOM MEETING DETAILS

Meeting ID: 880 1767 6363  
No password required



### MONFORT CENTRE: PATERNAL HEART (MONTFORTIAN EXPERIENCE RETREAT)

Being the Year of St. Joseph, as proclaimed by Pope Francis (in Patris Corde), this upcoming retreat on the Paternal Heart will lead the participants into a deeper reflection on the role of St. Joseph in one's spiritual growth as sons and daughters of God the Father. The Paternal Heart is one that launches followers of Christ into the world bearing the Good News of God's Kingdom, as members of God's household (Ep 2:19) Come and experience spiritual growth as God's children with St. Joseph!

Dates: 8, 10, 15, 17, 19 Jun

Time: 8pm - 9.30pm

Register: [www.montfortcentre.org/events-1/paternal-heart](http://www.montfortcentre.org/events-1/paternal-heart)

## JUNE MASS BOOKINGS

[HTTPS://MYCATHOLIC.SG](https://mycatholic.sg)

**TUE 1 JUN, 12PM**

Booking for a 2<sup>nd</sup> weekend Mass\*

\* Weekday Mass bookings for the whole of June are open throughout the month and subject to availability.

### CHANGE OF MASS VENUE:

**Our Main Church is closed and all Masses are held at JPll Hall.**

#### Things to note:

- Since 17 May, only either the TraceTogether Token or App are accepted for entry into SFX Premises. Parishioners with tokens/batteries that are not working will be denied entry even if you have a valid booking.
- Entry is via Plaza (outside JPll Hall) only.
- Please come at least **30 minutes before** Mass begins. Registration ends 10 minutes after Mass begins.
- Bring along your photo identification card for MARS booking verification.
- Do remember to cancel your booking 24 hours in advance if you are unable to attend. A no-show for Masses that have been booked is being tracked in the system.
- From June 2021, all bookings in MARS will come with a booking number. This will reduce the need for a Mass re-booking exercise should regulations change.

### MASS COLLECTION

**Your continuous generosity and donations will help contribute to our Parish's daily operations. You can make your offerings via the following options:**

1. **PayNow** - Launch the PayNow service on your bank's app or online website. Select "Send via Unique Entity Number (UEN)" and enter "**T08CC4033J**". Proceed to check entity name - Church of St Francis Xavier, then key in amount. Lastly, key in the reference - Mass Collection.
2. **Cheque** - Payable to 'Church of St Francis Xavier' and write 'Mass Collection' behind the cheque. Mail cheques to **63A Chartwell Drive, Singapore 558758**.

### TEMPORARY ONLINE MASS OFFERINGS

**Please submit your intentions ONE WEEK in advance and wait for the Finance Department to contact you.** They will provide you with a "Reference No", MO xxx (eg MO 001). Key in the given referral number upon making payment via PayNow (**T08CC4033J**).

### RCIA AND RCIY 2021/2022: A JOURNEY OF FAITH

Do you know of anyone who is interested in embarking on a journey of faith? Or perhaps someone who has felt a stirring in their heart and is seeking answers to questions, or even peace in their struggles?

We encourage you to reach out to them and invite them to join us in RCIA and RCIY.

#### RCIY journey (13 - 23 years old)

**'Come and See' Session**

**Date:** Sun 20 June 2021

**Time:** 10.15am - 12.30pm

**Sessions start:** Sun 27 June 2021  
Every Sunday, 10.15am - 12.30pm

**Venue:** JPll hall

**Register:** [tinyurl.com/sfxrciysignup](http://tinyurl.com/sfxrciysignup)  
or enquire at [rciy@sfxchurch.sg](mailto:rciy@sfxchurch.sg)

#### RCIA journey (24 years old and above)

**Sessions start:** Tue 6 Jul 2021

Every Tue, 8pm - 10pm

**Venue:** JPll Hall

**Register:** [tinyurl.com/sfxrciasignup](http://tinyurl.com/sfxrciasignup)  
or enquire at [rcia@sfxchurch.sg](mailto:rcia@sfxchurch.sg)

### NOVENA YOUTH RALLY 2021

This year, the annual Novena Youth Rally 2021 will be held online for the first time on the evening of Friday June 2021! With the theme of Level Up, we hope to power up our faith in this difficult time through an exciting line up of music, arts and knowledge. We have a host of fun activities lined up such as crafting your own rosary, learning to draw a caricature, panel discussions, and praise and worship through a Battle of the Bands! Check out [www.novenayouthrally.com](http://www.novenayouthrally.com) for more details.

# *The Solemnity of the Most Holy Trinity*



Holy Trinity Sunday is celebrated on the first Sunday following Pentecost in most of the liturgical churches in Western Christianity. It is a solemn celebration of the belief in the revelation of one God, yet three divine persons. It was not uniquely celebrated in the early church, but as with many things the advent of new, sometimes heretical, thinking often gives the Church a moment in which to explain and celebrate its own traditions; things it already believes and holds dear.

In the early 4th century when the Arian heresy was spreading, the early church, recognizing the inherent Christological and Trinitarian implications, prepared an Office of Prayer with canticles, responses, a preface, and hymns, to be recited on Sundays to proclaim the Holy Trinity. Pope John XXII (14th century) instituted the celebration as a feast for the entire Church; the celebration became a solemnity after the liturgical reforms of Vatican II.

Celebrating Trinity Sunday after Pentecost also allows the Church to further reflect on the mystery of God after receiving the gift of the Holy Spirit. This helps us see the connection that if we truly want to understand the Trinity, we need to have the gift of the Holy Spirit.

We can never fully understand who God is on our own and desperately need his guidance and inspiration. The Trinity is one of the most fundamental beliefs of the Catholic Church and so it is fitting that we dedicate a particular Sunday to that mystery.

Why is this feast celebrated at this particular time? It may be interpreted as a finale to all the preceding feasts. All three Persons contributed to and shared in the work of redemption. The Father sent His Son to earth, for "God so loved the world as to give His only-begotten Son." The Father called us to the faith. The Son, our Saviour Jesus Christ, became man and died for us. He redeemed us and made us children of God. He ever remains the liturgist par excellence to whom we are united in all sacred functions. After Christ's ascension the Holy Spirit, however, became our Teacher, our Leader, our Guide, our Consoler. On solemn occasions a thanksgiving *Te Deum* rises spontaneously from Christian hearts.

## **THINGS TO DO**

Depending on the ages of family members, research **symbols of the Trinity** and create something for the centrepiece of your family table, or something for your family altar, such as a small banner or poster. It can be a photograph or something to use every year as a backdrop or wall hanging.



Engage in some of the pious exercises related to the **devotion of the Holy or Blessed Trinity**. Three very simple prayers are the Sign of the Cross, Gloria Patri (Glory be to the Father, Son and Holy Spirit, etc.) and the Trisagion (meaning "thrice holy"): "Holy God, Holy Mighty One, Holy Immortal One, Have mercy on us".

*Adapted from:*

<https://sacredheartfla.org/seasonal/feast-days-solemnities/the-solemnity-of-the-most-holy-trinity/>

<https://aleteia.org/2019/06/16/the-fascinating-history-and-symbolism-of-trinity-sunday/>

<https://www.catholicculture.org/culture/liturgicalyear/calendar/day.cfm?date=2020-06-07>

# IGNITE TALKS!

7 Thought Provoking Faith Talks to Ignite and Shine with Faith in Singapore

CATHOLIC 2019 SG 

8pm via Archdiocese YouTube and Facebook

Being CatholicSG: Why Celebrating 200 Years Of Faith During A Pandemic Matters? 27 May 2021 (Thu) Fr Valerian Cheong

Being Catholic In A Singapore That Is At A Crossroads. 10 Jun 2021 (Thu) Msgr. John Paul Tan

The Unseen Good - Is The Catholic Church Impactful And Relevant In SG Today? 24 Jun 2021 (Thu) Fr Adrian Yeo

Raising A Catholic Family In A Changing Singapore 8 Jul 2021 (Thu) Fr Eugene Vaz

My Parish: Is It Just A Clubhouse Or A Field Hospital? 29 Jul 2021 (Thu) Fr Henry Siew

How To Follow In The Fearless Example Of Mary In The Lion City 5 Aug 2021 (Thu) Fr Jovita Ho

How the Youth Can Help To Launch A New Era Of Faith 26 Aug 2021 (Thu) Fr Jude David



[radio.catholic.sg](http://radio.catholic.sg)  
with LIVE call-in or  
WhatsApp 6895 1515



[youtube.com/catholicsg](https://youtube.com/catholicsg) or  
[facebook.com/catholic.sg](https://facebook.com/catholic.sg)



Looking for more Information?  
visit [www.sfxchurch.sg](http://www.sfxchurch.sg)!

## Mass Timings

### WEEKDAY MASSES

Tue & Thu:  
6.30pm

Fri:  
8pm

### WEEKEND MASSES

Sat Sunset:  
5.30pm

(There is currently  
no Novena at  
4.45pm)

Sun: 9am, 11am,  
1pm, 5.30pm

### MASS ON PUBLIC HOLIDAYS

9am

### SACRAMENT OF RECONCILIATION

Suspended until  
further notice

### HOLY HOUR

Suspended until  
further notice

## Opening Hours

### PARISH OFFICE

For pastoral care services (e.g anointing, funerals etc), you may contact before coming at the following hours.

### Mon - Sat:

9.30am - 6.30pm  
Sun: 8.30am - 1pm

### ADORATION ROOM

Closed until  
further notice

### LIBRARY

Closed until  
further notice

### COLUMBARIUM

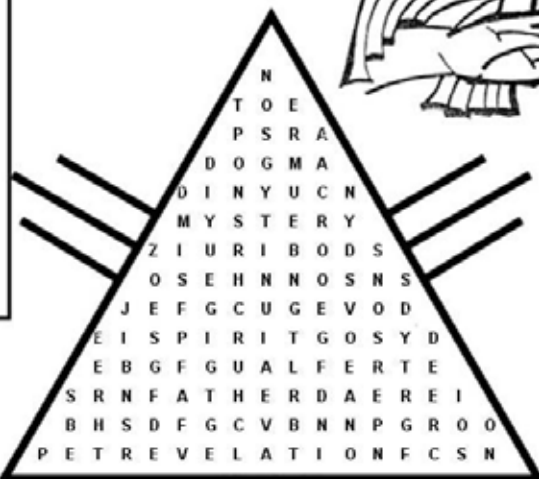
Suspended until  
further notice



## The Blessed Trinity



Persons  
Dogma  
Mystery  
Three  
Unity  
Father  
Son  
Spirit(Holy)  
Church  
Revelation  
Creed  
Jesus  
Dove  
God



Find the  
hidden  
words

## ANOINTING OF THE SICK



The sacrament can be administered to any Catholic awaiting serious surgery, suffering from serious illness or weakened by old age. Anointing may be given before admission for the anticipated medical procedure. Contact the Parish Office to request for a priest. In emergencies, priests of the church nearest to the hospital can be contacted.

## INFANT BAPTISM



For more information, please contact the Parish Office for Baptism of Infants.

## FUNERAL



Please check with the Parish Office for priest availability and Mass timing before confirming the timing at the crematorium. For prayers at the wake, please contact the Parish Office.

## MARRIAGE



Contact the Parish Office 12 months before your intended date to book the church premises and ensure that your presiding priest is able to make that date.

## MASS OFFERING



Mass offering envelopes are available outside the Parish Office and Church. Submit your envelopes at least two weeks in advance of your intended date. Please write the names clearly, and in block letters.

## VOLUNTEER & SHARE YOUR GIFTS!

If you're interested in content curation and design layout, contact [mmm@sfxchurch.sg](mailto:mmm@sfxchurch.sg)