

St. Francis Xavier Charismatic Prayer Group
Life in the Spirit Seminar

2017 LISS TESTIMONIES

with 2018 Programme



Church of
St Francis Xavier
Disciples Making Disciples

63A Chartwell Drive, Singapore 558758
www.sfxchurch.sg

The Life in the Spirit Seminar will

- † Help you to **deepen** your personal relationship with Christ
- † Show you how to **yield** to the power of the Holy Spirit and **activate** His gifts in you for the service of others
- † Move you to **experience** the holy presence of God
- † **Inspire** you to love the Word of God

†



*“How much **more** will our Father in heaven **give** the Holy Spirit to those who **ask** Him?”*

Luke 11:12

2018 LISS Programme Schedule

DATE	SESSION	SEMINAR TOPIC	SPEAKER
9-Jul-18	1	"Encounter. Empowered, Evangelise"	Roderick Lim
16-Jul-18	2	God The Father Loves You Personally	Fr Benedict Chng
23-Jul-18	3	Jesus Saves You And Sets You Free	Michelle Voo
30-Jul-18	4	Jesus Is The Lord Of Your Life	Edmund Ang
6-Aug-18	5	Come Back To Me (Confession n Exposition)	Fr Thomas Lim
13Aug-18	6	Jesus Sends You His Holy Spirit	Fr Thomas Lim
20Aug-18	7	Come Holy Spirit Fill Us With Your Gifts	Fr Thomas Lim
27Aug-18	8	You Will Receive The Holy Spirit (Baptism)	Fr Thomas Lim
3-Sep-18	9	Eucharistic Celebration and Commissioning	Fr Benedict Chng
Place: Parish Hall Level 2 Time: 7.45pm to 9.45pm			

WHAT IS THE LIFE IN THE SPIRIT?

A spiritual programmed comprising talks, sacraments, sharing, prayers, scriptures and ministering to:

- Grow in awareness and knowledge of the Holy Spirit
- Deepen your personal relationship with Christ
- Help you to be aware and discover the charisms of the Holy Spirit in your life
- Empower you in ministry as a disciple of Christ and a powerful witness for God

THE LIFE IN THE SPIRIT OVERVIEW

The Life in the Spirit programmed is designed to heighten awareness of the Spirit of God working in our personal lives and in the life of the Church, to remove any barrier we might have to the Holy Spirit moving in our lives and to create a greater openness to the fullness of the Holy Spirit.

During the Life in the Spirit, the grace of God, the love of Jesus Christ and the power of the Holy Spirit become active in the worship, the short teachings and the personal testimonies of faith that are shared by group members.

Participants will discover the potential and the power of the Holy Spirit to lead, guide and direct their lives into the fullness of Christ Jesus that God offers to every believer.

Participants will also be encouraged and challenged to receive "the Promise of the Father" and to begin walking with Jesus in the power of the Holy Spirit.

WHAT YOU WILL RECEIVE AND EXPERIENCE

Life in the Spirit will prepare participants to turn to the Lord in a deeper way and to establish a more effective, personal relationship with the Lord. Those who have experienced the outpouring of the Holy Spirit have:

- Developed a new love of God and a zeal to serve Him and His People
- Developed a desire to pray, spend time with God in personal prayer and to attend daily mass
- Developed a greater commitment to read scripture, other spiritual readings and to learn more about the ways of God
- Experienced deep peace and joy and a new awareness of the presence of God in their lives
- Expressed a desire to share their faith life and experience with others in Christian community living

"The fruit of the Spirit is love, joy, peace, patience, kindness, generosity, gentleness, faithfulness, and self-control .. If we live in the spirit, let us also follow the Spirit."- Gal 5:22-25

Testimonies from 2017 LISS Participants

Good evening, brothers and sisters in Christ. My name is Delphine. I am a cradle Catholic, yet I did not realise that I am a Catholic till I was 10 years old. By then, I had missed much of the foundation taught to my peers and had very little understanding of the Catholic faith. What is Holy Trinity? I received my Confirmation when I hit 16 years old and then after, I left church for a long time, a very long time, though I did come back in between for a short stint.

When I finally returned to church in 2010 and became a parishioner at SFX, my body came but not my heart. I wanted to know God but what I learnt was just head knowledge, I did not feel Him nor His love. But things changed when I attended a retreat in Aug 2012. For the first time in my life, I could feel the tangible love of God – it was a beautiful and personal encounter for me. I felt the urge to seek God more and more. I never thought of attending LISS (Life in the Spirit Seminar) – I surely had heard of it but never felt prompted to sign up for it till a friend from another parish told me his conversion took place at LISS.

So, on an impulse, I signed up for last year's LISS at the last minute at SFX. Upon hindsight, I realize that it is the working of the Holy Spirit.

Whilst I was looking forward to attending LISS, I came without expectation, knowing that God will always surprise me when I just open my heart and be sensitive to the prompting of the Holy Spirit. Week after week, I would faithfully come for the LISS session and week after week, I felt I received nothing. It went on for a few sessions, and I thought this was not working – I was not receiving whatever the LISS promises to deliver.

I felt short-changed. Though I was dismayed, I thank God for His gift of faith and perseverance in me. Despite how I felt, I would come without fail every week.

Little by little, the Lord helped to empty me of myself – because when I decrease, God increase. The LISS has certainly awakened me to the gentle yet powerful working of the Holy Spirit. Gradually, things start to make sense like the jigsaw puzzles that fall and start to take shape – things did not make sense back then, some things still do not make sense, but I trust and follow the lead of the Holy Spirit

Indeed, LISS has certainly activated my senses to the Holy Spirit and I am more in tune to living life in the Spirit.

Dear brothers and sisters in Christ, if you feel a stirring or tugging in your heart or hear a whisper in your ear or a nudge to approach the counters in front and behind the church to find out more about LISS, that is the Holy Spirit beckoning you, inviting you and calling you.

You may not know why the Spirit is calling you to join LISS, but when the Spirit calls, there is something beautiful waiting just for you.

So, come join us in the Life in the Spirit Seminar, which will start from 9th July 2018 to 3rd September 2018. Every Monday 8pm at the parish hall. See you at the booth outside.

Thank you.

My Experience before LISS

I was baptised last year and was spiritually high and had a strong desire to learn more about God while deepening my faith. However, I was lost, I had no idea how or where to proceed. One day, I came across a testimony pertaining one's experience in LISS and it stuck with me even though I tried dismissing it. My friend and I were strongly encouraged to join as they felt that it is a great opportunity. Hence, my friend and I joined despite our hesitation.

My experience during LISS

At the beginning, I didn't know what to expect but I was pleasantly surprised with the service team as they were so filled with positive energy and bright loving smiles. Throughout the journey, I was really cared by the facils and faith was gradually strengthened as the journey progressed. It

helped me to cultivate a habit to do quiet time on daily basis and was constantly reminded that God is always there, and He knows what is best for us. Also, I learnt so much more about the Holy Spirit and the its various gifts.

Towards the end of the journey, there was a pray over of the Holy Spirit and I remember there was a very strong presence of God and I had a vision of an angel surrounding me. Even so, I didn't receive the gift that I wanted. Despite that, I had the desire to continue with the follow up session in the following week, and that was when I received the gift of tongue! It was truly a surprise and a blessing as it's a gift that I didn't ask for. But God truly knows what's best for us as I'm someone who always has trouble with my prayer life and constant struggle with coming up with the right words, thereby making me to avoid praying for others. In knowing that, God has blessed me with this gift that helps me to overcome that obstacle that I have been facing.

I greatly thank the Church and the entire LISS service team for organising this program so that all of us could benefit from it.

Come and Experience LISS

So, my dear brothers and sisters in Christ, do not hesitate to sign up for LISS. All you got to do is to take a leap of faith and say yes, then God will take it from there.

So, come join us in the Life in the Spirit Seminar, which will start from 9th July 2018 to 3rd September 2018. Every Monday 8pm at the parish hall.

Thank you and God bless

Dear Brothers and Sisters in Christ, my name is Jamie and I was baptized and confirmed in SFX Church last year.

Having born and raised in a non-Christian family, I was never exposed to the Catholic faith. It was by God's grace that I was brought to the Church. I joined the Rite of Christian Initiation for Youth (RCIY) and became a Catholic in May 2017. And that was my first "yes" to God.

Despite being new to the faith, I wanted to grow closer and to build a personal relationship with Christ. However, I was struggling in my prayer life as I always could not find the right words to say. Amidst all these, I desired for one thing - a personal encounter with Christ.

Thus, I said my second "yes" to God by taking another leap of faith to join the LISS.

Joining LISS was definitely big step out of my comfort zone. However, thanks to the facilitators, I have always felt at home. Despite being the youngest participant there, I was definitely not the youngest at heart. What truly moved me during LISS was everyone's childlike and simple faith in Christ – praising Him in happy moments, seeking Him in quiet times, trusting Him in difficult periods and thanking Him

in every second. LISS became a great opportunity for me to encounter God through praise and worship, inspirational speeches and sharing.

It was also the first time I truly discovered and experienced the power of the Holy Spirit and its spiritual gifts, such as the gift of prayer, which is the power to contemplate and worship God from the heart. Remember when I said I struggled with my prayer life? God is so great, He knew my struggles and gave me what I needed, so that I could pray to Him from my heart and also to use this gift to serve others.

Through my encounter and support that I received during LISS, I was healed of my pains and it made me realize how great God's love is for me, and how He is always there with me in my darkest hours. I do not think all this happened by chance, for God has so many times convinced me otherwise. Thus, LISS was indeed a grace-filled opportunity for me to experience God's healing and love, bringing me into a closer relationship with Jesus.

LISS also allowed me to forge friendships with people outside of my youth community. I have met so many genuine and kind individuals who have supported and cared for me throughout my

journey there. These are the same warm, bright smiles who never fail to make me feel at home whenever I see them at church.

Today, I am thankful and blessed for that opportunity I had to grow in my faith. This is an experience so special to me, and I sincerely invite all of you to open your hearts and come experience what God has in store for you. Our Lord is so great, He waits for people to His glory, to say yes to His love and to receive His forgiveness. He is continuously waiting to have a relationship with those He loves. He is waiting to have a relationship with you.

Every “yes” you give to God, gives rise to a new story. So, come join us in the Life in the Spirit Seminar, which will start from 9th July 2018 to 3rd September 2018. Every Monday 8pm at the parish hall. Thank you and God bless.

Dear brothers and sisters-in-Christ, I’m Rose. Owing to my current working hours, most of the time, I’m not able to join any church group. That day, while somebody went up to the pulpit to talk about LISS, I thought to myself: if I am given the pamphlet, maybe I would consider it. Do you believe that God would always call us at a time we least expected it? True enough, I was given the pamphlet on LISS. I tried to convince myself I should give it a miss, citing reasons like it would end late, I had to miss my favourite TV programme and so forth. As days passed, these negative excuses disturbed me very much especially on looking at the picture of the dove, that is, the Holy Spirit. It is a calling I cannot ignore. In the end, I said to myself, “If I want to go, just go. Don’t think of it anymore. It is just only 2 months.”

At first, I was curious and excited what would happen as I have zero knowledge on it. If I did not remember wrongly, on the 2nd session of our group sharing, I shared the incident leading to my grandma’s death. As I related it, tears swelled up in my eyes and I started to cry. So many eyes looked at me, I just could not care about it. It was surprising that when I reflected, I had not let go of her death until that moment. After that crying, I felt relieved and that Jesus had healed the deepest wound of my life. For the next few sessions, we participants were enlightened about the roles of the Holy Spirit in us, something not learnt in baptism or confirmation. I also find joy in singing for the Lord in our praise and worship. In our group sharing, we learned from each other how God has touched us amidst our sufferings. One thing to note is that all these sharing were kept confidential within the group and not to be shared outside.

After LISS, I have grown spiritually in my faith. I try to see in my everyday life an occasion to love God and our brothers and sisters. In our everyday sufferings, I would always associate it with Jesus’ sufferings in carrying the cross for us – the patience, tiredness and perseverance despite the scourging, falling and bleeding of wounds. The crucifix is a reminder and an example of how our Lord had thrown away His pride in dying like that for us – naked, mocked, humiliated and embarrassed. I find myself thanking the Lord every day for His blessings upon me for having a job to earn my living; for having family members and relatives to love and care for and a general healthy life to take care of myself independently. In conclusion, I called you all, whether young or old, to accept this invitation Christ our Lord has offered to you. Come, if you want to experience the Holy Spirit working in you. Come, if you want to accept the peace that Jesus has left for you. It will not be a thing to regret for.

So, come join us in the Life in the Spirit Seminar, which will start from 9th July 2018 to 3rd September 2018. Every Monday 8pm at the parish hall.

See you all at the booth outside. Thank you and God bless!

Wow! It was an experience that I did not expect. I was initially apprehensive, today but previous week was more tearful and has been wondering if I’m holy enough and even ready. But I guess, during this past few weeks, I have been doing my “homework” to pray more and always calling on the Lord. So, when even before I was told to close my eyes, my tears have been rolling down. And when I was told to my eyes, first my head got light-headed, my tongue started

“le, le, le.....” and my body kept rocking back and forth. Each time the rocking gets stronger when being prayed over. I then knew I have had the answer I always doubted and asked, “where is the Holy Spirit?” Today, I witnessed, it is here and in me! Praise the Lord.

Praise God I have the gift of tongue. I feel so light and feel like all my burdens have been lifted. I was also slain. I felt when someone pray over me like a bolt of thunder and I felt I was being carried/lifted. I felt very light (my body.) The feeling I encountered is a feeling in space. Praise God! Now I can pray with my daughter in tongue as she got the gift too during her CER. Praise God!

A deep sense of peace, calmness and quietness. A moment of closeness made me cry and soon felt relieved and calm again. As I went into the presence of the God saw flashes of twinkling light and sparkles around. One moment I saw a deep well of fire flaming brightly which flashed for a second and disappear. Felt the sins of the world and a need to pray for all souls in pain and agony. All the while mostly I experience a quietness and peace and need to be just stay in the presence of peace. Did not feel worried and need of want but just to be there waiting to be there for God and do his will. Nothing spectacular only PEACE and CALMNESS.

-TEARS.

-I think tongues, felt weird.

-Moved my body on the seat

(Dancing.... In my seat.)-

-Saw the Parish Priest in a different light. Think I find out their pros and cons.

-God is slowly bringing out the goodness in me since I journey in the LISS.

-God is slowly making me want to serve. (By David 2017)

Tonight, much as I tried to surrender myself totally, I did not and could not experience anything whatsoever every time someone prayed over me. I opened my mouth and said, “A leh lei yah.” Repeatedly, I still could not experience any sensation at all. At the end I only felt a slight headache.

When the Holy Spirit came down upon me, I offer in prayers. So, I feel very relieved and tears start rolling non-stop. I cried for quite a while over 5 mins. Then I speak strange language. That must be tongue speaking. Then stop and start singing again. Praise the Lord.

I felt a sense of Peace when the Holy Spirit touches me. I cried uncontrollably. Thank you, Jesus and the Holy Spirit.

I learned much of the Gifts of the Holy Spirit that I am loved and have received much from the Lord Jesus, although I have not received the Gift of Tongue. I lie in wait and just know that God is in charge and His will be done. I will continue to love and serve Him in every facet of my life. Thank you, Lord Jesus, I love you with all my heart.

It was a beautiful feeling of being relieved of burden and a lightened load lovely fellowship and experience of the Charismatic ministering praying over each of us. Although I did not receive the Gift of tongue, it was still a beautiful experience. Thank you all for making tis so special.

I feel a sense of Peace and relief, laughter, vision of dove before anyone came to pray for me. I felt Jesus hugging me before people came to me.

Four years ago, I participated in LISS and was blessed with the Gift of tongue. Praying in tongue transformed my prayer life and it give me tremendous strength during the most difficult time in 2014 when one daughter was born asleep. This time with confidence I invited my wife to journey together in this LISS knowing that her spiritual life can be transformed too. Tonight, at the baptism of the Holy Spirit, I first felt a sense of warmth, with God reassuring for all the things I have been doing, especially on the faith formation of our children and of the children in the catechism session. Then, I rested in the Spirit. I continue to desire for the Gift of knowledge to help me to journey with people, children and adults, to bring them to Christ.

I came to LISS with zero expectation and frankly speaking an unwilling heart. I only came as a thank you to Jesus for answering my prayer regarding my daughter's health condition, however, as the LISS sessions continued I felt change going through me. I no longer felt angry and unwilling to come to LISS, in fact I look forward to singing Praise and Worship to the Lord. During the baptism, I prayed for the Gift of healing, as the people prayed over me. At first, I felt nothing but felt myself spinning (a gentle spinning round and round) After the 2nd prayer session, tears became to roll down uncontrollably and I felt a wind beside my right ear. I thank God for this experience. (By Karen 2017)

Throughout the LISS I have come to a better and closer relationship with the Holy Spirit. Despite being a cradle catholic, the Holy Spirit has always seemed more impersonal and harder to relate to. After praying and reflecting and listening to my group members I do feel closer and more aware of the Holy Spirit now. During the praying over I was asked to be open and to recite," Alleluia." As time went by, I had the sensation that I was mouthing words other than "Alleluia" I have a sensation and felling that the Spirit has given me the gift. Before attending LISS, I was fearful and anxious about the Charismatic service and form of worship. No longer do I feel that way now! Love

This baptism of the Holy Spirit is such a wonderful experience for me. From the moment when the leader prayed over me I had this feeling of the Lord coming close to me telling me to pray and receive the Holy Spirit. I cried and cried, and I cried. I could not stop the tears from flowing down. I am so blessed I know I have been waiting for this night. I know when father Thomas Lim Held my hand and I could speak in tongue. I praise God for this golden opportunity to be here. Praise the Lord.

This is the first time I joined LISS and it has been a great experience as a newly baptised. During the praying over, I felt a sense of relief, I felt that the Holy Spirit is surrounding me, holding me, and my fear just flow. Praise the Lord. Thank you, Holy Spirit, for guiding me. Amen

The LISS has given me greater insight into the Holy Spirit and its Gifts. Over the duration of the programme I have been more diligent in praying and in reading the bible through the seminar readings. The praying over was a lovely session. I felt my lips quiver uncontrollably a few times although I did not receive the Gift of tongue. It gave me a chance to concentrate fully in God for a long while, something which I can't do during normal days. I felt a sense of Peace as well.

Been quite a few years since my last LISS so figured it was time to re-fuel. Am glad I signed up – the Lord made it possible, clearing all my Monday evenings. It has been an affirming experience, just to be reminded of the Holy Spirit love for me. It's a priceless feeling, that no one else can give me. I'm filled with gratitude I didn't receive any visible gifts during the praying over, I take back very deep Peace. Thank you all. Thanks be to God. All Praise and Glory to Him!!

I had always had a fear of speaking and hearing people speak in tongue. Although I think I was not given this Gift tonight, I praise God that the fear was taken away from me. When I was being prayed over, I saw what it seems the most Holy Trinity. I believe that by the power of the Holy Spirit, I was instantly pulled towards the Holy Trinity as if I was pulled by the powerful magnet. Later, I saw my loved ones being pulled to the Holy Trinity too. The Gift of the Holy Spirit are truly for building God's kingdom here on earth.

I was feeling nervous, heart pounding very hard, whole body trembling when they prayed over me, my head bowed lower that I cannot control. Later, somebody asked me to utter "la... la...la" my head was able to live up to normal level. Then I couldn't control my tongue, keep uttering, don't know what's on and on without stopping until the lights on.

Occasionally I burst into tears when I sing hymns during mass. Twice this LISS I cried again while singing (touched by the hymns lyrics). Tonight, was more uncontrollable. I had to use a piece of tissue. This was before I was prayed over. Unfortunately, nothing seemed to happen when I am being prayed over. I do hope the Holy Spirit grants me a gift or two.

Thank you, Lord, and the LISS community, your love, selfless, and gracious displayed through the sessions have touched me. Every time on the way home I felt a sense of Peace and Joy. I felt so blessed to be in this community with so many brothers and sisters praying for me and helping me to get closer to you Lord. I have no doubt that only through You and only You that all things are made possible. Let Your will be done, Lord.

The sessions were very enriching and fulfilling. I feel at Peace with myself. During the session I feel my thoughts all are away from me. I can feel being calm and the Holy Spirit is resting on me. My sorrow and worry are taking away from me.

Hear very nice music while being prayed over. Feeling more Peaceful and Joyful. More forgiving towards family members.

During the praying over my tongue started to roll and feel the burning sensation on my tongue, a moment later a spot of white light flash and disappear. It was a wonderful experience that never had.

I felt Warmth, Peace, and Love. The urge to speak in tongue. I feel lighter, hopeful and reflective after the praying over. I want to thank the organiser for their effort in making this event so well liked.

I was prayer over at CER (back in 2012) but I did not receive the Gift of tongue. So tonight, I told myself to surrender, to Jesus, and to just focus on Jesus as I was prayed over. I opened my mouth and pray, "Hallelujah. Lord" I think I am beginning to understand God. I also experienced a little of the Gift as I felt my tongue rolling rapidly but my prayer was not very audible. I hope to continue to try to experience praying in tongue and see if this is the Gift that God wants to give me, otherwise, I am most happy to receive other Charismatic gifts from God.

I have experience Joy when I come for the LISS sessions. I have enjoyed the singing. Tonight, I experience the Holy Spirit- - Felt like floating. I also felt a mighty gust of wind sweep past me. Felt warmth in my hands.

Throughout the LISS seminars I have been constantly touched by God through Praise and Worship. Tears could flow effortlessly, and my heart felt so light. Sense the topic each week seemed to speak to me directly as if God is answering me. I am thankful for the gift of community and sharing as it strengthened my faith even further. During the pray over session, I could feel strange wind (not air-con) passing through me. It feels like God's presence and again I couldn't control my tears. I feel like my burden is light. I am certain that I have been healed. Praise the Lord.

During the praying over I senses a warmth feeling over my body. I asked for healing and at one point, when I felt the warmth I could only thank God for hearing my cries. My cries to be healed, to take away the pain. I thank God for hearing my call. With this I hope I too can heal with the love He gave me.

"All Glory be to the Father, the Son, and the Holy Spirit."

I was very apprehensive coming for this session and frightened only on the very evening. Enlightening journey, understanding the power of the Holy Spirit and how His gift can support the community. When I was prayed over, I felt waves of cold and warm lights. Body felt light and injured leg started to get tingling sensation and painful. Tears started to fall, and I felt the Holy Spirit showing me His presence. Knowledge gained over the sessions enable me to remove my fear of Charismatic practises of speaking in tongue. Pray that I will continue to grow in my spiritual with God.

When the group first came to pray over me, I could feel a sense of Peace washing over me and the image of Divine Mercy flashing before me. Then when they departed I was a quite

disappointed cause I didn't think I was given any gifts. But I continue to ask the Holy Spirit to rain on me and before I know it I started whispering and sound, hissing sound seems to be started coming out from my mouth. I think a few more brothers and sisters came back to lay hands on me and I started crying. This warm heat started envelope on my head. It was so surreal cause I'm not quite sure if it was happening. And I continue speaking in tongue. Praise God and thank God and the Holy Spirit for coming upon me your unworthy daughter.

Thank You Lord! I look forward to each session even though I was tired after week, but God always give me the Joy and strength to come and absorb His presence deeply at each session. LISS has given me the gift of totally opening myself to God and receiving the gift of tongue- to be used as a vessel for praying and trusting in God. Thank you to all facilitators and for all prayers rendered to me. Thank You, Lord for your gift.

This is not my first LISS and it will not be my last. I just want to thank the organisers for putting in all the effort to make this happen. Above all to Jesus who has led me here and made smooth the path every week for me to be present and it has been a joy to be here to praise and worship as a community. In my busy schedule I wouldn't naturally come to the praise and worship session, but Jesus has call and I've come with open hands and heart. And the reflection booklet has been wonderful in preparing me. I so wanted the gift of tongue, but the Lord has decided that in His time I will receive it but not now. I'm slightly disappointed but I trust Him that come it will and I will not stop praying for it asking for it. Amen

All my life I have known I have needed God in my centre, as my compass, my strength, my refuge and my hiding place. It has been tough in a constant struggle to live this desire. The LISS has reignited my burning desire and has allowed me to pursue this intimacy with God with more zeal. I thank the Charismatic team for being so gifted and allowing me to re-recognize that Christ and the Spirit is always close to me drawing me closer to the Father. Thank You, Lord

I looked forward to every Monday for the LISS session. Just singing the praise made me feel joyful. Although I did not experience any gift of the Spirit tonight I feel the Lord has heard my prayer and will in His time grant whatever gift that I may need. So, I thank the Lord for bring me here and want to continue praying for the gift

I thank SFX and its organising committee of LISS for giving me the opportunity to attend this beautiful session. It has taught me to desire God and to believe that we are never alone even in the darkest moments of life. The Lord keeps me happy through prayer and faith. The Lord walks with me every moment. The Lord is my shepherd and I surrender myself to Him. I desire the Lord and gift to serve others better.

Felt a hand laying over my left top of my head (back) not sure if anyone was laying hand over this part (as I know by hearing the prayer leaders were a few -2 or 3?) But I know the group after praying over me have move away from me perhaps at the end, my row. But this sensation was only a hand palm over my left top back of my head. I could feel the heat, hair standing above this portion. After some moments I could hear no one praying at my row, but I heard a handsome low voice praying in tongue, perhaps on left side of my left partner.

Praise the Lord I have been healed, my burden lighter already. I was reluctant to let go of myself. I hear music, I just force my two hands on my ears, but slowly I accepted and release my hands. The Holy Spirit fill my body, I have the feeling over my body even the goose pimples popping out of my skin. Then my heart just cries out, cried out with tears, grieving the Lord Jesus thanking Him for healing me, thanking Him for being into my life, healing me and always guiding me in my difficult situation. I sing praise with the music (which I not for other, only I Lord). And sudden I just burst out in tongue. Praise the Lord I am communicating with our God, the Lord. It was crying at the same time yet in between I sing song. The heart is so lighter. It was a good session. Amen

I was always doubtful if there is really a Holy Spirit if there is really a God. Just curious how some people can speak in tongue. Through this LISS, somehow, I feel a magnetic pull for me to want to attend every session, there is just this calm feeling in me. The singing opens my heart. I feel the Holy Spirit in me to just sing and sing. The gift of tongue prayer dwell deep into my head. I can just follow what I heard. I am able now to speak in tongue

I experience a great desire for God I feel healing gradually taking place somehow over time. I feel very much in love with God and wanting to draw near Him. Coming to LISS has blessed me to learn how to grow spiritually. I praise and thank God for meeting me here. This is the beginning of discovery of my spiritual journey and I now know the Holy Spirit in me will journey with me.

I thank the Lord, I praise the Lord for this wonderful spirit-filled session tonight during the baptism in the Holy Spirit. I saw vision of our Lord Jesus and our dearest Mother Mary. Both of them were here with me whilst I rested in the Spirit. I saw yet another vision this time Jesus was carrying a wounded lamb, there was also a lamb caught in thorn bush. Jesus asked me if I love Him and asked me to take care of His lamb. I flurid streams of tears and said I would. Jesus told me my calling is to reach out to the teens and youths and he assured that my 3 children would be ok- they will be wonderful testimonies of bloom where they are- they would Flemish. I saw another vision of Jesus hugging me and I felt so loved just busking in this warm embrace. He told me I'm doing good. He's proud of me and He's filling me up with His love and I'm to go fill up the love tank in others. I also saw a vision of a church – white building in the distance. I also saw a friend who just passed on – thanking me for loving and hugging her daughter, thanking me for being there for her, for her hubby, Paul, to tell him not to worry and that she is ok. I thank the Lord for giving me so many visions. I feel a sense of peace and a lot of love and great assurance of the Lord.

Uncontrollable tears welling out from within, as if someone was comforting me and at the same time, a deep sense of warmth emanating from my back, and a feeling of weightlessness(floating)

During the prayer over session, I was trying very hard to focus and do what Fr. Thomas Lim said, - to focus on Jesus, to open my mouth, and to desire the gift of tongue. With all the prayer happening around me, it was difficult with all the sound. The people who prayed over me came, prayed and left and I didn't feel or experience anything at all. And I was still earnestly and

fervently praying that I may receive the gifts, amid struggling to focus. When suddenly, everything just black out and the noise dull and I saw a black cloth against a light grey stroke translucent background. I felt like I was in a vacuum and I could focus very clearly then. It was like that for a while and it felt like it was just me and the Lord. After a while the vacuum burst, and the noise came back.

LISS has taught me to grow my faith in the Lord. But there's so much to learn about Him. Despite not being able to receive the gift of tongue today will not stop me from believing in Christ. I have always been curious on how to get the gift of tongue or how to says it. I even asked a good friend of mine who has this gift. But she says it is not something, that can be taught, it is just a gift. However, today I just cried uncontrollably, and it was strange because my tears just flow. And I'm glad I was touched by the Lord. I will continue believing. Amen

Lord Jesus I thank you for this opportunity to get to know You better. I know You heard all my prayers – You did not answer me all at once. But I knew You will in your time and accordingly to your will. I will receive the graces, the gifts I need, not what I want, but what I need. Thank You Holy Spirit. Thank You Lord. Come Holy Spirit I need You now and always.

I felt that Jesus is telling me that the worldly politics, the worldly injustice and everything in this world is for the world, not for me. I feel that Jesus was telling me to leave the worldly issues behind. Jesus was telling me that I belong to God and not to hold dearly to the futile troubles of the world. And that I should only focus on God and Jesus. That God and Jesus is enough for me. That I'm too silly to be scared and over whelmed by the problems and bully and injustice that I have faced. Jesus is always come for me and He will carry me and fight my battles. That I need to focus on God alone. God and Jesus are enough for me. Amen

Did not feel anything or experience anything when pray over but felt in the last week session. The lord has let me know where my career direction is and that I should moved back to the UK. Since I have had this revelation I feel immense joy and peace. I have also discovered who I am today and my value in life.

I've learnt a lot more about Jesus and how to make myself closer to Him. Enriched me in my spiritual life and witnessed how Holy Spirit really present and touched so many lives. By 2017 LISS Participant
It builds on my relationship with God. I look forward to reading about God and His word. I feel at peace in surrendering to God.

Maybe I was too anxious I really prayed and kept myself open to His Spirit. I felt nothing, yes but there is prance and calmness in me. Praise the Lord, I will stay open to You. Come Holy Spirit and fill the heart of your faithful. Come and enkindle me with the fire of Your love. Praise the Lord. Alleluia, Alleluia

Although I didn't receive any gift tonight I still feel peaceful. I am sure the Lord God will grant me a gift in His time. He alone will know what and when I will receive it. I will continue to pray for a gift to glorified Him. May the Holy Spirit bless me with the right gift at the right time at my own pace.

I didn't know what the LISS is all about and was looking for a different dimension to my prayer life. What I would like to say is this given me another awareness to know the wonders of my faith. Though I didn't receive anything out of the ordinary. I still give me an opportunity to reflect on myself and how I neglected Jesus many times in my live. Thank you for the opportunity to discover God.

"I am convinced that this movement is a sign of His action (of the Holy Spirit) The world is much in need of this action of the Holy Spirit and it need many instruments for this action. Now I see this movement, this action everywhere."

*Private audience of Pope John Paul II with the ICCRO council
Rome 11 December 1979*

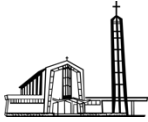
Have no fear. Simply put your **faith** in God who loves you. Let the **joy** and **peace** and **praise** of God fill you. The Spirit will lead you. **Listen to His Gentle Voice**

The period following the council scarcely seemed to live up to the hopes of John XXIII, who looked for a "New Pentecost.". But his prayer did not go unheard. In the heart of a world desiccated by rationalistic scepticism a 'New experience of the Holy Spirit,' has come about , amounting to a worldwide renewal movement.

*What the New Testament describes, with reference to the charisms, as visible signs of the coming of the Spirit is no longer merely ancient, history – this history is becoming "A burning reality today.",
Pope Benedict VI.*

"How then could this "Spiritual Renewal." Not be 'a chance' for the church and for the world? And how, in this case, could one not take all the means to ensure that it remain so? Nothing is more necessary for sure a world, more and more secularized, than the testimony of this "Spiritual Renewal." which we see the Holy Spirit bring about today in the most diverse regions and environments. Its manifestations are varied: deep communion of souls, close contact with God in faithfulness to the commitments undertaken at Baptism, in prayer that is often community prayer, in which each one, expressing himself freely, helps, supports and nourishes the prayer of others, and at the basis of everything, a personal conviction. This conviction has its source not only in instruction received by faith but also in a certain experience of real life, namely, that without God, man can do nothing, that with him, on the contrary everything becomes possible."

Address of Pope Paul VI to the Catholic Charismatic Renewal on occasion of the Second International Leaders' Conference, Rome 1975.



63A Chartwell Drive, Singapore 558758, Tel 6280 6076

DATE	SESSION	SEMINAR TOPIC	SPEAKER
9-Jul-18	1	“Encounter. Empowered, Evangelise”	Roderick Lim
16-Jul-18	2	God The Father Loves You Personally	Fr Benedict Chng
23-Jul-18	3	Jesus Saves You And Sets You Free	Michelle Voo
30-Jul-18	4	Jesus Is The Lord Of Your Life	Edmund Ang
6-Aug-18	5	Come Back To Me (Confession n Exposition)	Fr Thomas Lim
13Aug-18	6	Jesus Sends You His Holy Spirit	Fr Thomas Lim
20Aug-18	7	Come Holy Spirit Fill Us With Your Gifts	Fr Thomas Lim
27Aug-18	8	You Will Receive The Holy Spirit (Baptism)	Fr Thomas Lim
3-Sep-18	9	Eucharistic Celebration and Commissioning	Fr Benedict Chng
Place: Parish Hall Level 2 Time: 7.45pm to 9.45pm			

(Please fill in this form in Block Letters)

Name:			
Contact No.:		Email:	
Address:			
Occupation:		Catholic / Non-Catholic?	Name of Church:
			Date of Baptism:

AGE GROUP (Please Check ✓)

<input type="checkbox"/> 14 & below	<input type="checkbox"/> 15-20	<input type="checkbox"/> 21-31	<input type="checkbox"/> 32-40	<input type="checkbox"/> 41-50	<input type="checkbox"/> 51-60	<input type="checkbox"/> 61+
-------------------------------------	--------------------------------	--------------------------------	--------------------------------	--------------------------------	--------------------------------	------------------------------

IMPORTANT PDPA NOTICE:

<p>In line with the Personal Data Protection Act 2012, by submitting my personal data hereto, I hereby agree and consent that the Church of St Francis Xavier, Singapore (“the Church”) may collect, store and process my personal data that I have provided for the purposes of managing and facilitating the administrative operations of parish activities of the Church.</p> <p>I agree that the Church will take all reasonable precautions to protect my personal data against unauthorised disclosure.</p>

I certify the above information is true to the best of my knowledge and acknowledge and agree to abide with the guidelines and PDPA notice.

Name and Signature

Date

Submit your form at the SFX Parish Office. For enquiries: Catherine Chew 9066 3514 or Jean Toh 9002 6616. / sfxlifeinthespirit@gmail.com • Online registration: <http://www.bit.ly/SFXLISS>