



**Disciples  
Making Disciples**



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## Corpus Christi

Solemnity of Corpus Christi  
23 Jun 2019

Gen 14:18-20  
1 Cor 11:23-26  
Lk 9:11-17

*Corpus Christi* means "Body of Christ". As we celebrate this Feast, we are invited to adore, exalt, and contemplate on the "Sacrament in which Christ has left himself: Body, Blood, Soul, and Divinity," as Pope St John Paul II puts it (Homily, 14 June 2001). On this Feast, there is thus often a procession of the Blessed Sacrament displayed in a monstrance in the streets or around the church compound.

There are three deeply connected theological concepts related to this Feast and our readings.

**First**, Jesus is the eternal High Priest. All of scripture points towards him. In our First Reading, Melchizedek offers bread and wine, foreshadowing how Jesus would also offer bread and wine during the Last Supper. Just as Jesus took the bread, broke it, blessed it, and gave it in the Miracle of Five Loaves and Two Fishes, these are the same four actions with which Jesus institutes the Eucharist on Maundy Thursday (cf Gen 14:18, Lk 22:17-20, Lk 9:16).

It is this institutional narrative that St Paul exhorts in our Second Reading. Written in around the year 56, according to Pope Emeritus Benedict XVI, the Pauline account is the oldest text and likely preserves the words that Jesus actually said during the Last Supper. These are the same words of

consecration that our priest recites during the Liturgy of the Eucharist.

But we do not just recall historical events during the Eucharist. Instead, and this is the **second** point, we re-present them. Our Liturgy makes these events – Jesus' passion, death, and resurrection – present again. The Church calls this re-presentation the *anamnesis*.

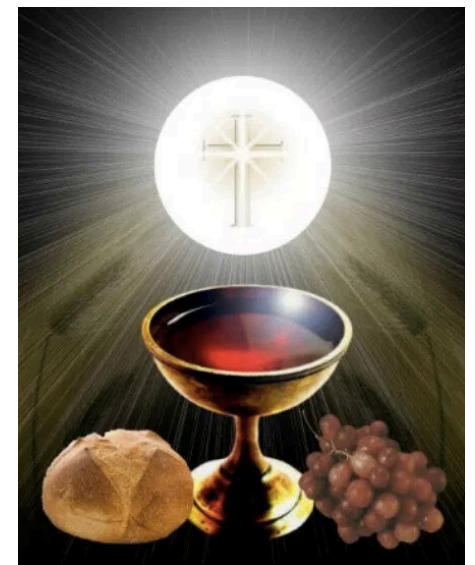
In this sense, CCC 1367 holds that the "sacrifice of Christ and the sacrifice of the Eucharist are *one single sacrifice* [emphasis in original]." As Cardinal Donald Wuerl says, "Jesus accomplished the only sacrifice, the one great sacrifice, when as priest and victim, he offered himself on the altar of the cross. His sacrifice need not and cannot be repeated. But it can be re-presented so that we are able, sacramentally and spiritually, to enter it and draw spiritual nourishment from it." (Eucharistic Congress, 16 June 2008)

We can then understand the **third** point a little better: the Eucharist is the real presence of Christ's body and blood. It is "real", not because Christ's presence elsewhere is unreal, but because the Eucharist is his presence in the fullest sense. Although what we see, taste, and feel does not change, the substance of the bread and wine becomes Jesus' body and blood in the Liturgy of the Eucharist. This change is what the Church has termed *transubstantiation* (CCC 1381, 1376).

When we receive Holy Communion, we are thus physically united with the real presence of Christ. This is a most intimate moment with our Lord. In fact, in *Ecclesia de Eucharistia*, Pope St John

Paul II said that, when we receive the Lord, we are like Mary, who conceived the Son of God in the physical reality of his body and blood (EE 55).

Just as we carry the monstrance high in our procession on this Feast, so are we all monstrances as we carry Jesus into the world after each Mass. May we proclaim the Lord as boldly in our everyday lives as we do on this Feast!



"In the most blessed sacrament of the Eucharist 'the body and blood, together with the soul and divinity, of our Lord Jesus Christ and, therefore, *the whole Christ is truly, really, and substantially contained.*' This presence is called 'real' – by which is not intended to exclude the other types of presence as if they could not be 'real' too, but because it is presence in the fullest sense: that is to say, it is a *substantial* presence by which Christ, God and man, makes himself wholly and entirely present."

CCC 1374

## Announcements

For announcements in the bulletin, send your requests to [mmm@sfxchurch.sg](mailto:mmm@sfxchurch.sg) by the MONDAY before the weekend, 2359hrs

### COLUMBARIUM CLOSURE

Please note that the Columbarium will be closed with immediate effect till **Wed 31 Jul** for renovation.

### OLGC CARPARK CLOSURE

Please do note that the OLGC carpark will be closed due to school holidays.

### CORPUS CHRISTI PROCESSION

Procession of the Blessed Sacrament, followed by Benediction, will take place in the Main Church for the **5.30pm** mass on **Sun 23 Jun**. Please note that **no parking at the grotto** is allowed due to the procession. In case of wet weather, there will only be the Exposition and Benediction of the Blessed Sacrament in the Main Church.

### PARISH FORMATION PROGRAMME 2019: MODULE 3 - EVANGELISATION

We are always called to evangelise but often, the thought of doing so just scares us. But worry no more, and come attend the third module of our Parish Formation Programme on Evangelisation. Get some practical know-hows on the way to approach this and transform the task of evangelisation into a doable mission, and be active witnesses of Christ! Session continues on **Mon 24 Jun, 1 Jul, 8 Jul and 22 Jul, 8pm - 10pm** at the **Main Church**. Sign up now at <https://tinyurl.com/SFXModule3!>

### ACMI SKILLS DEVELOPMENT FOR FOREIGN DOMESTIC WORKERS

Registration is open for baking, cooking, English language, dressmaking and many more courses. Courses are conducted at **Agape Village** (7A Lor 8 Toa Payoh S319264), and you may download the course schedule here: [bit.ly/2Mpw025](http://bit.ly/2Mpw025). To register, contact Jan or Theresa at 8600 3583 or visit Agape Village, Level 3 on Sun 9, 16, 23, 30 Jun and 7 Jul from 10am - 5pm.

### WELL-WISHES FOR FR DON

Fr Don will be leaving the Archdiocese of Singapore on **Mon 1 Jul** and returning to France. Following a period of discernment, he has requested to be reassigned to a mission post closer to his heart. Though he has only been in SFX a year, Fr Don, with his charming nature, warm smile and attempts in speaking English, has come to be liked by many.



As a parish, we would like to thank him and send him our best thoughts and blessings. We invite all parishioners who would like to pen their well-wishes to him, to write them down on the paper provided at the Church Foyer and put it in the labelled basket. All wishes will be gathered by **this Sun 23 Jun**.

### CATECHISM NOTICE

Catechism sessions will resume at OLGC on **Sun 30 Jun** for all levels.

### A PRAYER CONCERT: KENNY NGO - THE LORD DESERVES ALL PRAISE

Experience a night of prayer, praise, and worship with SFX parishioner Kenneth Ngo as he performs unique renditions of familiar hymns as well as his original songs. Titled "A Prayer Concert: Kenny Ngo - The Lord Deserves All Praise", Kenneth showcases his personal faith journey, and more importantly, he centres it around praising God as one Church, as God alone deserves all praise! While sharing his beautiful talent with us in an interactive way, Kenneth is also giving back to the parish as 100% of concert profits will go towards SFX's renovation fundraising. Come support him and get your tickets today!

**Date:** Sat 6 Jul  
**Time:** 8pm - 9.45pm (Free seating - Doors open at 7.30pm)  
**Venue:** SFX Main Church  
**Cost:** \$20  
**Ticketing:** Contact Lloyd 9827 6893, Melissa 9363 6516, Michael 9182 5495  
**Booths are set up before and after each mass for the reservation and purchase of tickets.**

### CATHOLIC YOUTH DAY 2019: JESUS! NAME ABOVE ALL NAMES!

Calling all young people aged 16 to 35 years old: Come join in the celebrations at Catholic Youth Day (CYD) 2019 organised by the Office for Young People (OYP)! We gather to celebrate our faith and also to experience our belonging to the wider Church. And to all who have been far from the Lord, the invitation is to come because the Lord desires for you!

**Date & Time:** Sat 20 Jul, 11am to Sun 21 Jul, 8.30am  
**Mass:** Sat 20 Jul, 5.30pm (celebrated by Archbishop William Goh)  
**Venue:** OYP (2 Lorong Low Koon S536449)



Do note that **tickets are needed for the evening segment of 20 Jul** (doors open at 4.30pm and begins with mass). Tickets cost **\$15**, and can be purchased at this link:

<http://oyp.org.sg/product/cydtix/>

Visit <http://oyp.org.sg/catholic-youth-day-2019/> for more CYD info.

### PIETA MONTHLY PRAYER SESSION

PIETA is a support group for bereaved parents who seek God's comfort, wisdom and hope through prayer and reflection on the Word of God. Its next monthly session (every 4th Tuesday of the month) is on **Tue 25 Jun, 7.30pm** at **Agape Village** (7A Lor 8 Toa Payoh S319264). If you would like to contact PIETA, please email [pieta.singapore@gmail.com](mailto:pieta.singapore@gmail.com) or you may also find them on Facebook at <https://facebook.com/PietaSingapore>.

## PERSONAL MORAL COMPASS COURSE 2019: FOURTH MODULE

Caritas Singapore will be running the fourth module of its Personal Moral Compass Course on "Ethics of Love, Sex and Marriage". Starting on **Fri 12 Jul**, there are seven sessions altogether and will be held weekly on Fridays from **7.30pm to 9.30pm** at the **Catholic Centre** (55 Waterloo Street). It is open to all Catholics and people of goodwill interested in the foundation of Ethics and Moral Theology. For more information and registration, please refer to the Caritas Singapore website: [www.caritas-singapore.org](http://www.caritas-singapore.org) or email [formation@caritas-singapore.org](mailto:formation@caritas-singapore.org).

## NEW EVANGELISATION CONFERENCE 2019

Come and find out what evangelisation is and is not! Organised by the Office for the New Evangelisation, this conference will equip Catholics with new and innovative ways to tell others about Jesus. Speakers for the conference include Rev Fr Terence Pereira and Rev Fr Gino Henriques, CSsR.

**Date:** Sat 27 Jul  
**Time:** 9.30am - 4pm  
**Venue:** PSB Academy @ Marina Square (6 Raffles Blvd, S039594)  
**Register:** <http://bit.ly/nec2019>

## L8 Camp Retreat: "Come to Me"

Our **L8 brothers and sisters** participated in a three-day retreat from 1 to 3 Jun, along with other L8 participants from the Church of St Bernadette. Held at the Church of the Transfiguration (CoTT), the retreat theme was **"Come to Me"**, with the 81 participants focusing and reflecting on the passage of the Prodigal Son. Some of the participants have shared their retreat experiences with us.



For me, the L8 Retreat was the first of many experiences – my first camp, my first time in CoTT, my first time going to mass three days in a row. Needless to say, before the camp, I was nervous and afraid, unsure of what to expect and I also had so many unanswered questions.

Regardless, I entered camp with an open mind. The first day went by quickly, with a couple of sessions, adoration, praise and worship and confession. Day 2 was also full of surprises, with more sessions, more praise and worship, a quick but fun session of games, more adoration and of course, our very first prayer ministry experience. I was very touched during the prayer ministry, as I felt that God truly spoke to me on a personal level then.

To me, God really spoke to me during this short retreat even in the little things, like when my groupmates put a smile on my face, to the more special experiences, like prayer ministry, where God called me by name. I felt that the most impressionable message he sent me, was that it is okay to fail, that I should have hope to have the courage to live life to the best I can, and that God will be beside me every step of the way.

*"...the most impressionable message he sent me, was that it is okay to fail...have hope to have the courage to live life to the best I can... that God will be beside me every step of the way."*

After camp, my mindset changed and I simply learnt to love my brothers and sisters in Christ. I feel that this retreat reignited the spark of faith in me and that this is a beginning of a very wonderful journey with Christ.

**- L8 Retreat Participant**

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Right before the camp, I had a feeling of anticipation and hopefulness that my first church camp would be a fun and fulfilling one and I certainly wasn't let down.

Throughout the many sessions and praise and worship that we had, there was one line in a song that struck me, which said, "Open the eyes of my heart Lord". It touched me because God is really just waiting for us to allow him into our lives and to not push him away. The prayer ministry also moved me greatly. As the facilitators prayed over me, I felt as if an immense weight had been lifted from me and I felt a warm embrace as though a blanket was wrapped around me. I realised at that moment, that the Holy Spirit had descended upon me and I had an image of a thin and frail sprout that was steadily growing into a tree like how Jesus is nurturing me into becoming a disciple of Christ.

As we broke camp, I had this bittersweet feeling of wanting to leave but at the same time not wanting to leave. However, I was comforted knowing that I am always in Jesus' presence no matter what I do, or where I go.

- Esther Chong



I was longing to go for my L8 camp as it was my first church retreat. I felt that God was calling and inviting me to be his follower.

*"I have really felt God influencing me, making me follow in his path and giving me power over evil!"*

The sessions touched on topics like labels and identity, what is sin, how sins are deadly, and also truths. I found myself reflecting on whether I wanted to take the step to claim my identity as a child of God, and whether I was truly following God's way. I concluded that God is everlasting and is a long-lasting friend. I also recognised that sin is a separation from God and that it is disobedience towards God and a lack of trust in his goodness, but at the same time, I learnt that there was no sin too big or too small for the Lord our saviour to forgive.

During praise and worship, I felt God's presence in the songs and I felt him telling me that I am his son. I was impressed and really amazed at how God moved me just through a song. I know now that Jesus desires me, Jesus is with me, and I am never beyond his saving grace. I have really felt God influencing me, making me follow in his path and giving me power over evil! I have made amendments and changes in my life after the camp.

- Juan Carlos

*"God is really just waiting for us to allow him into our lives and to not push him away."*



Looking for more Information?  
visit [www.sfxchurch.sg](http://www.sfxchurch.sg)!

### Mass Timings

#### WEEKEND MASSES

**Sat Sunset:**  
5.30pm (Novena at 4.45pm)  
**Sun:** 7am, 9am, 11am & 5.30pm  
Confession 15 mins before Sunday Mass

#### WEEKDAY MASSES

**Mon - Fri:**  
6.30am & 6.30pm  
**Sat:** 6.30am

#### MASS ON PUBLIC HOLIDAYS

8.30am *only*

#### HOLY HOUR

8.30pm, every first Thurs of the month

### Opening Hours

#### PARISH OFFICE

**Mon - Fri:**  
9am - 9pm  
**Sat:** 9am - 7pm  
**Sun:** 8am - 1pm

#### ADORATION ROOM

Temporarily closed

#### LIBRARY

Temporarily closed

#### COLUMBARIUM

Temporarily closed

#### CANTEEN

Temporarily closed

### ANOINTING OF THE SICK

The sacrament can be administered to any Catholic awaiting serious surgery, suffering from serious illness or weakened by old age. Anointing may be given before admission for the anticipated medical procedure. Contact the Parish Office to request for a priest. In emergencies, priests of the church nearest to the hospital can be contacted.



### INFANT BAPTISM

Baptism of Infants is held every 2nd Sunday of the odd month at 4pm in the main church. Preparation session for both parents and godparents is held the Sunday before at 3.30pm in the SFX room. For more information please check with the Parish Office.



### FUNERAL

Please check with the Parish Office for priest availability and Mass timing before confirming the timing at the crematorium. For prayers at the wake, please contact St. Pio prayer group via the Parish Office.



### MARRIAGE

Contact the Parish Office 12 months before your intended date to book the church premises and ensure that your presiding priest is able to make that date. Church unavailable from 1 Nov 2018 due to renovations.



### MASS OFFERING

Mass offering envelopes are available outside the Parish Office. Submit your envelopes at least two weeks in advance of your intended date. Please write the names clearly, and in block letters.



### VOLUNTEER & SHARE YOUR GIFTS!

If you're interested in content curation and design layout, contact [mmm@sfxchurch.sg](mailto:mmm@sfxchurch.sg)